

NIKKISPA<sup>™</sup>



## NIKKI SPA SIGNATURE

### DRIFTER

110 min

Total escapism – Nikki Beach style. Surrender to the talents of your therapist who will assess your needs and personalize your treatment experience especially for you.

Includes:

Foot Ritual - Personalized Body Massage & Facial\*

### SURF & TURF

110 min

Combining a remineralizing marine mud and a tension releasing hot rock massage to restore equilibrium and revive the senses.

Includes:

Foot Ritual - Salt & Oil Body Scrub - Marine Mud – Hot Rock Body & Scalp Massage

### DREAMER

110 min

This skin quenching ritual calls upon the most luxurious and nourishing ESPA creams and oils to restore comfort, luminosity and radiance to the entire body.

Includes:

Foot Ritual - Smoothing Body Scrub - Nourish & Firm Body Massage – Radiance Facial

## NIKKI SPA EXCLUSIVE

### REVIVE

110 min

Traveling, changing time zones and lack of quality sleep can take their toll on vitality. This ritual helps to re-connect and re-align physical and energetic balance to re-set your body clock and invigorate mind and body.

Includes:

Realignment - Hot Rock Body & Scalp Massage

### RENEW

110 min

Emerge renewed and revitalized from this cleansing, uplifting and invigorating ritual. A skin smoothing sea salt body scrub precedes the detoxifying marine algae body wrap and deep muscle massage.

Includes:

Salt & Oil Body Scrub - Marine Algae Body Wrap - Scalp Massage - Deep Muscle Massage

### RETREAT

110 min

The ultimate chill-out ritual. Stress-busting back massage, focusing on ironing out key areas of tension, followed by a de-stressing foot massage to re-connect and ground energy, culminating to a mind-soothing scalp massage that melts away tension and instills positive thoughts - pure bliss!

Includes:

Back Massage - Foot & Leg Massage - Scalp Massage

### REFUEL

110 min

Look no further for the perfect party preparation. Glowing skin, sparkling eyes, supple movement and luscious hair make this lavish treatment the one-stop shop for a pre-party treat.

Includes:

Skin Brush & Exfoliating Body Polish - Revitalizing Eye Treatment - Back Massage - Scalp Massage

### REPEAT

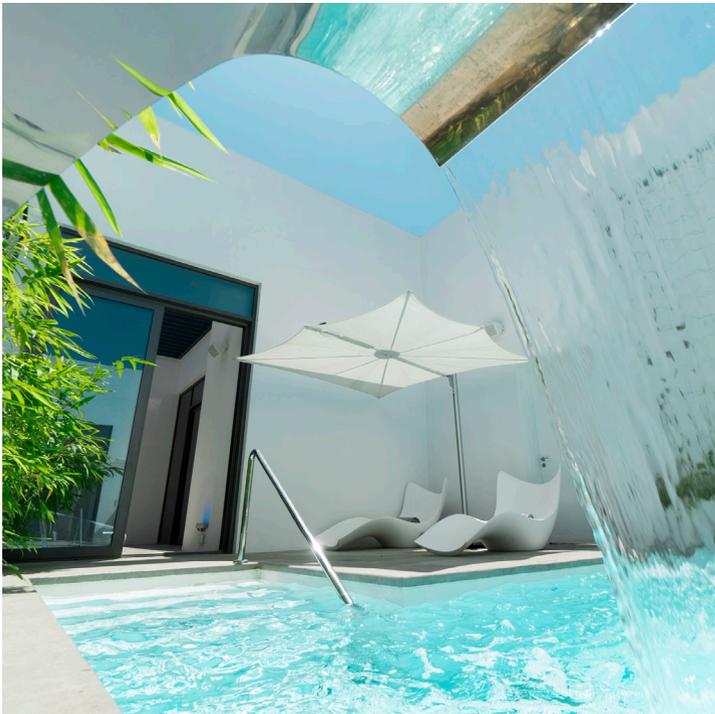
110 min

An immediate energy boost to keep the candle burning at both ends! This uplifting, invigorating and refreshing ritual uses powerful essential oils and stimulating massage techniques to awaken energy centers and heighten the senses - leaving you ready to go!

Includes:

Invigorating Salt & Oil Body Scrub - Energizer Body Massage

## FACIALS



### DE-SENSITIZING FACIAL\*

55 min

A comforting facial for sensitive skins prone to redness and irritation, leaving skin calmed and nourished. This soothing facial helps to reduce skin sensitivity leaving it calmed, nourished and comfortable.

### RADIANCE FACIAL\*

55 min

This revitalizing facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance. A special application of ESPA Skin Radiance Moisturizer; rich in natural AHAs and BHAs helps to smooth, reduce irregular pigmentation and brighten the skin to deliver instant results.

### PURIFYING FACIAL

70 min

Ideal for oily, congested and problematic skin, or those suffering from hormonal imbalance. This deep cleansing facial helps to regulate oil secretions and refine open pores. Decongesting and anti-inflammatory oils are used to soothe and calm the skin, for a balanced and clearer complexion.

### ADD-ON: ESPA EYE LIFT TREATMENT

25 min

Perfect for those who are concerned with the first signs of ageing around the eyes. An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Incorporates a cleanse, exfoliation, massage and application of our Lift & Firm Intensive Eye Serum.

## BODY TREATMENTS



Our solution led ESPA body treatments and massages are designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

### ESPA ICONIC BACK, FACE & SCALP

WITH OR WITHOUT HOT STONES

85 / 110 min

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas - the back, the face and the scalp, making it the ideal treatment for anyone.

Includes:

Back Exfoliation - Hot Stone Back Massage - Personalized Facial - Scalp Massage

### BODY DETOX

55 min

Purify the body and deeply nourish skin with this instantly effective body wrap. Detoxify with this complete body wrap of Marine Algae combined with essential oils to rejuvenate skin, before a therapeutic scalp massage unwinds a busy mind.

Includes:

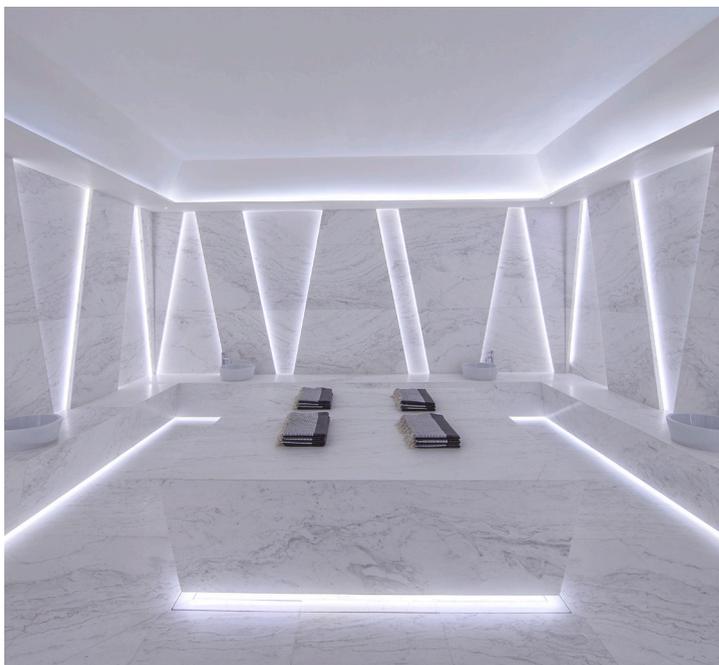
Skin Brush & Exfoliating Body Polish - Detoxifying Marine Algae Envelopment - Scalp Massage

### BACK FACIAL

50 min

Created to address congested and blemished areas on the back. A deep cleanse, exfoliation and extraction are followed by a calming massage and a purifying mask to leave you feeling soothed yet re-energized.

## HAMMAM



### **TURKISH DELIGHT**

60 min

A total body experience to caress, revitalize and invigorate. This treatment starts by deeply cleansing the skin with a revitalizing body scrub and exfoliation mitt, followed by a full body foam massage, nourishing marine mud body mask with aromatic oils of Sweet Orange and Rose Geranium, and a refreshing hair wash and hydrating conditioning scalp treatment.

Includes:

Scrub - Foam Massage - Marine Mud Mask - Hair Wash - Conditioning Scalp Treatment

### **MOROCCAN BATH**

60 min

A ritual that refines, renews and detoxifies. This nurturing and purifying top to toe cleansing body ceremony is performed on a warm marble slab using Moroccan black soap followed by a thorough exfoliation with a traditional kassa, and an application of Ghassoul clay mask to detoxify the body inside and out while leaving the skin incredibly smooth and regenerated.

Includes:

Black Soap - Scrub - Ghassoul Clay Mask - Hair Wash - Conditioning Scalp Treatment

### **ULTIMATE HAMMAM**

120 min

Your choice of Turkish Delight or Moroccan Bath followed by a Personalized Body Massage\*.

### **LUUX HAMMAM**

90 min

Your choice of Turkish Delight or Moroccan Bath followed by a Back, Neck & Shoulder Massage.

# MASSAGE

## FOUR HANDS MASSAGE

55 / 85 min

The ultimate indulgent experience for those who find it difficult to unwind. With long, sweeping movements, two therapists connect for this four handed, tension-releasing body massage. A balancing and soothing therapeutic scalp massage completes the treatment, for ultimate relaxation and total bliss.

## ON THE ROCKS MASSAGE

55 / 85 min

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

## AROMA MASSAGE\*

55 / 85 min

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils. A personal consultation will ensure that you receive a unique treatment to suit your specific needs.

Choose from the following:

Detoxifier - De-Stresser - Muscle Relaxer - Jet-Lag Reviver - Immune Booster - Energiser - Body Toner.

## SWEDISH MASSAGE\*

55 / 85 min

A traditional Swedish full body massage using firm pressure to promote relaxation and ease muscle tension. This treatment is ideal as an introduction to massage; stimulating movements help soothe tired aching muscles to leave you relaxed and revived.

## MUSCLE MELT MASSAGE

WITH OR WITHOUT HOT STONES

55 / 85 min

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

## BALINESE MASSAGE\*

55 / 85 min

An authentic Indonesian massage combining a variety of skin rolling, kneading, palm and thumb pressure manipulations. The circulatory, muscular and nervous systems are improved for total inner harmony.

## LIGHTER LEGS

40 min

This revitalizing treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains and is suitable for all.



## GROOMING SERVICES

### DEPILATORY WARM WAX HAIR REMOVAL

We use disposable wax products enriched with the best active ingredients for the safe and effective removal of unwanted body hair. The delicate creamy consistency of our wax has anti-inflammatory and soothing properties to help minimize redness and skin irritation while leaving the skin soft and silky.

<b>FULL LEG</b>	60 min
<b>HALF LEG</b>	30 min
<b>FULL ARM</b>	30 min
<b>HALF ARM</b>	15 min
<b>BIKINI LINE</b>	15 min
<b>UNDER ARM</b>	15 min
<b>UPPER LIP</b>	15 min
<b>EYE BROW SHAPING</b>	15 min

## NIKKI SPA SIGNATURE

DRIFTER | 110 min | 925 AED  
SURF & TURF | 110 min | 950 AED  
DREAMER | 110 min | 1,125 AED

## NIKKI SPA EXCLUSIVE

REVIVE | 110 min | 775 AED  
RENEW | 110 min | 845 AED  
RETREAT | 110 min | 725 AED  
REFUEL | 110 min | 725 AED  
REPEAT | 110 min | 795 AED

## FACIALS

AGE-DEFYING FACIAL &  
FIRMING EYE TREATMENT | 85 min | 725 AED  
OPTIMAL PROFACIAL\* | 55 min | 525 AED  
HYDRATING FACIAL\* | 55 min | 525 AED  
DE-SENSITISING FACIAL\* | 55 min | 525 AED  
RADIANCE FACIAL\* | 55 min | 525 AED  
PURIFYING FACIAL | 70 min | 600 AED

ADD-ON:

ESPA EYE LIFT TREATMENT | 25 min | 225 AED

## BODY TREATMENTS

ESPA ICONIC BACK, FACE & SCALP  
with or without hot stones | 85/110 min | 650/795 AED  
BODY DETOX | 55 min | 500 AED  
BACK FACIAL | 50 min | 425 AED

## HAMMAM

TURKISH DELIGHT | 60 min | 525 AED  
MOROCCAN BATH | 60 min | 525 AED  
ULTIMATE HAMMAM | 120 min | 920 AED  
LUUX HAMMAM | 90 min | 705 AED

## MASSAGE

FOUR HANDS MASSAGE | 55/85 min | 775/995 AED  
ON THE ROCKS MASSAGE | 55/85 min | 500/650 AED  
AROMA MASSAGE\* | 55/85 min | 470/620 AED  
SWEDISH MASSAGE\* | 55/85 min | 470/620 AED  
MUSCLE MELT MASSAGE  
- with or without hot stones | 55/85 min | 490/670 AED  
BALINESE MASSAGE\* | 55/85 min | 470/620 AED  
LIGHTER LEGS | 40 min | 320 AED

## EXPRESS

SALT & OIL BODY SCRUB | 25 min | 260 AED  
PERSONALISED EXPRESS FACIAL | 25 min | 275 AED  
BACK, NECK & SHOULDER MASSAGE | 25 min | 250 AED

## MEN

MAN'S REVIVER FACIAL | 85 min | 650 AED  
MANKIND FACIAL\* | 55 min | 525 AED  
MUSCLE REVIVER | 40 min | 350 AED

## GROOMING SERVICES

DEPILATORY WARM WAX HAIR REMOVAL  
FULL LEG | 60 min | 170 AED  
HALF LEG | 30 min | 110 AED  
FULL ARM | 30 min | 85 AED  
HALF ARM | 15 min | 65 AED  
BIKINI LINE | 15 min | 65 AED  
UNDER ARM | 15 min | 50 AED  
UPPER LIP | 15 min | 40 AED  
EYE BROW SHAPING | 15 min | 50 AED

## NIKKI SPA

\* selected treatments

All prices shown are in AED and inclusive of  
10% Service Charge & 10% Municipality Fee.

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or call +971 4 376 6150 | [NIKKIBEACHHOTELS.COM](http://NIKKIBEACHHOTELS.COM)