

adi

RESORT MALDIVES

Immerse yourself in a new era of tropical style and sophistication in the Indian Ocean. Radisson Blu Resort Maldives blends an idyllic ambience with exceptional amenities to create engaging guest journeys, underpinned by the brand's unique "Yes I Can!" service philosophy. Check in, chill out and soak up the stunning surroundings. With a collection of beachfront or overwater pool villas, diverse dining, world-class wellness, elegant event space and endless leisure opportunities on land and at sea, including year-round whale shark encounters, this upper-upscale island retreat is a haven for modern travellers who seek authentic and inspiring experiences.

### **EFFORTLESSLY ACCESSIBLE**

From the moment you step onto the arrival jetty, your senses will be struck by the resort's natural beauty. Covering one pristine island and a neighbouring islet in the Alifu Dhaalu Atoll, and yet only 105 kilometres from Male's Velana International Airport, Radisson Blu Resort Maldives makes your exotic island vacation more accessible than ever before. Take a scenic 30-minute seaplane ride direct to the resort, or a 20-minute domestic flight to Maamigili Airport and a 15-minute speedboat ride. This creates opportunities not only for extended vacations, but also for stimulating short stays and weekend breaks with a twist.

### **VILLAS WITH A VIEW**

With 128 Beach or Overwater Villas, all featuring private pools, up to three bedrooms and including an exclusive zone for adults, Radisson Blu Resort Maldives can host every type of vacation. Each villa exudes contemporary style, with vaulted ceilings, open-plan living areas and locally-inspired décor, plus the latest amenities including smart IPTV systems and complimentary Wi-Fi. Refreshing bathrooms offer standalone tubs and rain showers. For the ultimate getaway, the Presidential Water Villa promises two levels of indoor and alfresco living space, including a private gym and couple's massage room overlooking the ocean.

Radisson Blu Resort Maldives Huruelhi Island, Alifu Dhaalu Atoll, Republic of Maldives T: +960 668 1818 F: +960 668 0808 info.maldives@radisson.com



Embark on a culinary voyage at Radisson Blu Resort Maldives, with a diverse selection of restaurants and bars. Start each day with breakfast at Raha, the casual dining destination, or discover Mediterranean flavours and fresh seafood at Alifaan. Daytime bites and cool drinks can be enjoyed at Eats & Beats, the chilled poolside bar, while "castaway chic" Crusoe's is an adults-only sanctuary for curious explorers. Innovative Nikkei cuisine can be experienced at Kabuki, The Lab creates a bespoke setting for wine and cocktails paired with fine food, and Mahurab is an exquisite overwater wine and cigar bar.

adi

BĽ∪

RESORT MALDIVES

### ENGAGING EXPERIENCES

Enliven your mind and body with an array of exhilarating activities at Radisson Blu Resort Maldives. The onsite diving and water sports centre embraces the beauty of the ocean, above and beneath the waves. The overwater spa features six couples' treatment rooms and a choice of personal wellness journeys. A fitness centre and yoga pavilion provide spaces to work out and reconnect with your inner self – especially while the children are being entertained and educated at the kids' club and games room. For life's most important moments, the spectacular overwater Event Hall will host occasions that live long in the memory.

> Radisson Blu Resort Maldives Huruelhi Island, Alifu Dhaalu Atoll, Republic of Maldives T: +960 668 1818 F: +960 668 0808 info.maldives@radisson.com















# FEEL THE DIFFERENCE

radissonhotels.com/blu



конко

•\_\_•

# **KIDS CLUB DAILY ACTIVITIES**

SUN Sports Challenge	MON Into the Maldives	<b>TUE</b> Yummy & Tasty	WED International	THUR Musical	FRI Art & Culture	SAT Marine Animals
9:00-9:30 Morning WarmUp with "Simon Says"	9:00-9:30 Hermit Crab Hunting	9:00-9:30 Morning Workout	9:00-9:30 Where are you from? Draw your own flag	<b>9:00-9:30</b> Morning WarmUp with "Simon Says"	<b>9:00-9:30</b> Drawing "MyDream Holiday"	<b>9:00-9:30</b> Morning WarmUp with "Simon Says"
<b>10:00-11:00</b> Fun Run for Kids	<b>10:00-11:00</b> Marhaba to The Maldives	<b>10:00-11:00</b> Kids Favourite Dish	<b>10:00-11:00</b> Hide & Seek	<b>10:00-11:00</b> Musical Chair	<b>10:00-11:00</b> Language & Culture Exchange	<b>10:00-11:00</b> Get to Know Marine Animals
<b>11:00-12:00</b> Kids Free Play	<b>11:00-12:00</b> My Traditional Dance	<b>11:00-12:00</b> Family Cookbook	11:00-12:00 Indoor Fun Games	11:00-12:00 Kids Fashion Show	<b>11:00-12:00</b> Face Painting	<b>11:00-12:00</b> Marine Animals Charade
<b>13:00-14:00</b> Creative Creation: Jersey Making	<b>13:00-14:00</b> Coconut Painting	<b>13:00-14:00</b> Blend Your Own Smoothie	<b>13:00-14:00</b> Costume Making	<b>13:00-14:00</b> Singing/Dancing Contest	<b>13:00-14:00</b> The Art of Palm Leaf Folding	<b>13:00-14:00</b> Marine Animals Arts & Crafts
14:00-16:00 Kids Movie Time	<b>14:00-15:00</b> Kids Free Play	14:00-16:00 Kids Movie Time	<b>14:00-15:00</b> Say Hello in Different Languages	14:00-16:00 Kids Movie Time	<b>14:00-15:00</b> Bookworm and Story Telling	<b>14:00-15:00</b> Kids Free Play
Kids Movie Time	<b>15:00-16:00</b> Fun Games Time		<b>15:00-16:00</b> Multicultural Dance		<b>15:00-16:00</b> Kids Arts & Crafts	15:00-16:00 Indoor Fun Games
16:00-17:00	16:00-17:00	16:00-17:00	16:00-17:00	16:00-17:00	16:00-17:00	16:00-17:00
Sports Relay	Face Painting	Kids Free Time Ideas	Kids Free Play	National Song	Kids Free Play	Sand Sculpting
17:00-18:00 Sand Sculpting	<b>17:00-18:00</b> Fish Feeding	<b>17:00-18:00</b> Outdoor Fun Games	<b>17:00-18:00</b> Treasure Hunt	<b>17:00-18:00</b> Kids Free Play	<b>17:00-18:00</b> Tree Planting	<b>17:00-18:00</b> Fish Feeding

# **Remarks:**

- \* Kids Club opening hours is 9:00 -18:00.
- \* Kids activities are subject to the number of participants.
- \* The below activities require 24 hours prior reservation.
  - Blend Your Own Smoothie
- Coconut Painting
- Mo The Art Of Palm Leaf Folding





# FITNESS CENTER AND RECREATION

The Fitness Center is located north of the Island behind the poolside bar. Our personal trainer will create a program tailored to your abilities and goals. Our range of Precor gym equipment will allow you to experience cardiovascular workouts, build or tone your muscle using the weight machine and free weights.

Our resident yoga guru will be available throughout the week and allow you to focus on strength, flexibility and breathing techniques for a healthier mind and body. We will also accommodate private yoga sessions on the beach upon request.

Arrive home feeling healthier and fitter by simply reviewing our bespoke exercise and wellness timetable.

# GROUP EXERCISE AND WELLNESS TIMETABLE

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>6:30-7:00</b> Sun Salutation		<b>6:30-7:00</b> Beach Power Walk		<b>6:30-7:00</b> Sunrise Stretching	
<b>10:00-11:00</b> Gentle Flow Yoga		<b>7:00-7:30</b> Intro Couple Yoga		7:00-7:30 Intro Meditation		<b>7:00-7:30</b> Morning Jogging
	<b>10:00-11:00</b> Dynamic FlowYoga		<b>10:00-11:00</b> Gentle Flow Yoga		<b>10:00-11:00</b> Hatha Yoga	
<b>15:30-16:30</b> Meditation & Breathing Exercise		<b>15:30-16:30</b> Hatha Yoga		<b>10:00-11:00</b> CoupleYoga		<b>10:00-11:00</b> PowerYoga
	<b>16:00-17:00</b> Mother & Kids Yoga		<b>16:00-17:00</b> Pilates		<b>15:30-16:30</b> Meditation & Breathing Exercise	
<b>17:00-17:30</b> Evening Run		<b>17:00-17:30</b> Intro Pilates		<b>17:00-17:30</b> Yoga Nidra	0	<b>17:00-17:30</b> Sunset Yoga

Complimentary Class

Group Class - Chargeable at USD 25++ per person per hour

# CHARGEABLE ACTIVITIES

### Gentle Flow Yoga:

Relaxing and de-stressing. This sequence is designed to introduce you to the flow yoga practice by providing gentler and modified versions of the poses. The sequence is simple and balanced in its variety.

#### Dynamic Flow Yoga

It is designed for everyone to discover their potential, step out of your comfort zone and test your strength, flexibility and stamina.

#### **Power Yoga**

This class is vigorous, fitness-based approach to Vinyasa yoga style, a challenging, flowing sequence of poses that wakes up your body, increases your heart rate and makes you sweat!

### Hatha Yoga

A classic combination yoga posture designed to open the many channels of the body; especially the main channel, the spine, so that energy can flow freely.

### Mother & Kids Yoga

A fun way to spend the quality time with your little ones for the ultimate bonding experience. Learn the stretching techniques and enjoy breathing exercise.

### **Meditation & Breathing Exercise**

Enjoy an hour of silent seated meditation with minimal guidance. This class is a practice of concentrated focus upon a sound, object, visualization, breath, in order to increase awareness of the present moment.

#### Pilates

A method of exercise that consists of low-impact flexibility and muscular strength. This type of exercise is designed to develop core strength, stability, and connect your mind and body.

Group Classes	(60 minutes)	USD 25++ per person	
Personal Training	(60 minutes)	USD 70++ per person	USD 120++ per couple
Private Yoga	(60 minutes)	USD 75++ per person	USD 130++ per couple



# COMPLIMENTARY ACTIVITIES

### Sun Salutation

A warm up exercise which helps improve strength and flexibility of the muscles.

### **Sunrise Stretching**

Start your day with thirty minutes of stretching. This class is designed to improve the elasticity of your muscles and restore and reaffirm comfortable muscle tone.

# **Morning Jogging**

Kick off your day with the breathtaking view around the resort, get some morning fresh air while you are jogging around the beach in this tropical Island.

# **Beach Power Walk**

A fast paced and enjoyable guided power walk along the beach.

### Intro Meditation

This half an hour class is a grounding practice which helps you to know yourself better, and allows you to get a more relaxed and sounder sleep.

### **Intro Pilates**

This class aims to improve flexibility and stability by strengthening the muscles and especially the torso-stabilizing muscles of the abdomen and lower back.

# POLICIES AND PROCEDURES

- Please wear appropriate exercise clothing and sport shoes.
- Please arrive 15 minutes early for your scheduled appointment.
- Twenty four (24) hours prior reservation required for activity classes.
- Classes are subject to cancellation if there is no reservation.
- Some activities are subject to the weather condition.

# Yoga Nidra

Leave your day behind and start your relaxation with Yoga Nidra. Ideally for those who would like to release the dynamism of the mind, calmness and attend the peaceful state.

### Intro Couple Yoga

This is the best way to spend quality time with your loved one. This class will build your strength together with your partner and allow to support each other in poses in a way that enhances the postures and builds trust for the couple.

### Sunset Yoga

Enjoy the sounds of the crashing waves and let the beautiful sunset inspire you. This sunset yoga class is designed to acclimate your body and soul to the setting sun. Class begins with an energetic Vinyasa and ends in a calm and gentle flow.

### **Evening Run**

A half an hour guided group running around the beach and over the water villa bridge. Enjoy the beautiful evening while you are running around the Island.

- We request at least 6 hours notice for cancellations or rescheduling of appointments.
- A 50% cancellation fee will be applied for cancellation made less than 6 hours.
- A 100% no show fee will be applied for a missed session without notification.

### **RADISSON BLU RESORT MALDIVES**



		UCEAN
DIVING		
1 - 4 dives	Per dive from the first dive	80
5 dives package	Per person	375
6 - 9 dives	Per dive from the first dive	75
10 dives package	Per person	600
11 - 14 dives	Per dive from the first dive	60
15 dives package	Per person	800
16 - 19 dives	Per dive from the first dive	55
20 dives package	Per person	1000
21 dives & upwards	Per dive from the first dive	50
Orientation dive	Include equipment / exclude equipment	100 / 80
Night dive supplement	Per dive in addition to the diving rate	10
EXTRA GUIDING FEE		100
Private instructor	Per instructor	100
<ul> <li>Dive packages are calculated on a per person basis</li> <li>Tank, weights, surface marker buoy and surface alert horns are included in</li> <li>Enriched air nitrox is available at no extra charge. This benefit applies to en</li> <li>Last minute cancellations will be charged a cancellation fee</li> </ul>	-	
EQUIPMENT RENTAL		
Mask, snorkel, fins		Complimentary
Full scuba set - includes dive computer, bcd, wetsuit & regulator	Per dive	20
Dive computer	Per dive	6
BCD jacket	Per dive	6
Wetsuit	Per dive	8
Regulator	Per dive	6
Dive torch	Per dive	10
Digital camera	4 hrs / 8 hrs between 8.00am - 6.00pm	45 / 70
Go pro camera / paralenz camera	4 hrs / 8 hrs between 8.00am - 6.00pm	55 / 80
Prescription mask	Per dav	15
<ul> <li>Maximum diving depth limit is 30m</li> <li>Decompression diving is strictly prohibited</li> <li>A 24 hour no diving before flying period must be observed prior to departure</li> <li>PADI PROGRAMS FOR BEGINNERS</li> </ul>	re	
PADI Bubblemaker - 8 to 10 yrs old	Theory and 1 swimming pool session	110
PADI Seal team mission	Theory and 1 lagoon session	110
PADI Discover scuba diving (Min 10 yrs old)	Theory, 1 confined session and 1 reef dive	195
PADI Repeat discover scuba diving	1 additional dive	150
Prices quoted include equipment rental		
■ All programs and courses taught are padi sanctioned		In a Fausia / Fuel Fausia
DIVING COURSES		Inc Equip / Excl Equip
PADI Seal Team	Theory and 5 dives	450 / -
PADI Scuba diver	Theory, 3 confined sessions and 2 dives	500 / -
PADI Open water diver	Theory, 5 confined sessions and 4 dives	800 / -
PADI Upgrade to open water diver	Theory, 2 confined sessions and 2 dives	500 / -
PADI Open water referral	4 dives	500 / -
PADI Scuba tune up	Theory, 1 confined session and 1 dive	195 / 175
PADI Adventure diver	Theory and 3 dives	500 / 440
PADI Advanced open water diver	Theory and 5 dives	650 / 550
PADI Single adventure dive	Theory and 1 dive	145 / 125
PADI Enriched air diver course	Theory and 1 dive	375 /355
PADI 2 dive specialty courses	Theory and 2 dives	440 /400
PADI 4 dive specialty courses	Theory and 4 dives	600 /520
PADI Emergency first response	Theory and practical classroom lessons	300 / -
PADI Rescue diver	Theory and 5 skill development sessions	700 / 600
<ul> <li>All programs and courses taught are padi sanctioned</li> <li>Prices quoted include as required: course manual &amp; materials + certification</li> <li>Requires all e-learning sections for that course to be completed in full by th</li> <li>E-learners are entitled to a us\$ 100 discount on all above courses for which</li> </ul>	e student before training commences	
MISCELLANEOUS	-	
Inflatables / Beach Toys	Filling of air per item	10
IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII		10

CANCELLATION POLICY

■ 24 hours and over prior to activity: no fee

23 - 13 hours prior to activity: 50% of the full price ; 10% service charge & 12% tax applies
12 - 6 hours prior to activity: 75% of the full price ; 10% service charge & 12% tax applies

Less than 6 hours prior to the activity or no show: full price ; 10% service charge & 12% tax applies

All prices are in US Dollars (USD). Subject to 10% service charge & 12% tax and subject to change without prior notice Rates are valid from 1.2.2020 to 30.11.2020

# **RADISSON BLU RESORT MALDIVES**





Windsurfing short course (per person)	3 hrs	225
Private windsurfing lesson (per person)	1 hr	95
Kitesurfing equipment rental (per person)	1 hr	70
Kitesurfing equipment rental (per person)	Half day	200
CATAMARAN SAILING		
Fun trip with skipper (max 3 persons per boat)	1 hr	125
Catamaran sailing short course (per person)	3 hrs	300
Private catamaran sailing lesson (per person)	1 hr	110
STAND UP PADDLE BOARD		
SUP private lesson (per person)	1 hr	50
MOTORIZED WATER SPORTS		
Escorted jet ski (max 2 persons per jet ski)	30 mins	175
Adventure jet ski (max 2 persons per jet ski)	1 hr / 1.5 hrs	285 / 385
Inflatable rides (per person)	1 session	45
Wakeboarding (per person) beginners / experts	1 session	85 / 55
Water-skiing (per person) beginners / experts	1 session	85 / 55
Kneeboarding (per person) beginners / experts	1 session	85 / 55
Wakeskating (per person) beginners / experts	1 session	85 / 55
Seabob underwater scooter (per seabob)	30 mins	185
Seadoo underwater scooter (per seadoo)	1 hr	65
Speedboat snorkeling with Seadoo (max 2 persons   2 scooters)	1 hr	400
Speedboat snorkeling with Seadoo (max 4 persons   4 scooters)	1 hr	500
Parasailing (per person)	1 session	175
Sunset parasailing (max 2 persons)	1 hr	650
X-jetblade (per person)	45 mins	275
COMPLIMENTARY		

Catamaran rental Windsurfing rental Single kayaks Double kayaks Paddle boat for 2 & 4 persons Stand up paddle board Learn to snorkel

■ Participants must remain in sight of water sports staff at all times

■ All participants are required to wear life jackets

■ All activities must be conducted away from the resort house reef as well as reefs within the lagoon

■ Lost or damaged water sports equipment will be charged at replacement cost

CANCELLATION POLICY

■ 24 hours and over prior to activity: no fee

■ 23 - 13 hours prior to activity: 50% of the full price ; 10% service charge & 12% tax applies

■ 12 - 6 hours prior to activity: 75% of the full price ; 10% service charge & 12% tax applies

■ Less than 6 hours prior to the activity or no show: full price ; 10% service charge & 12% tax applies

All prices are in US Dollars (USD). Subject to 10% service charge & 12% tax, and subject to change without prior notice Rates are valid from 1.2.2020 to 30.11.2020