

# ROÇA SUNDY

São Tomé and Príncipe, Príncipe Island



## ROÇA

SUNNY · PRÍNCIPE ISLAND



This lovingly restored old plantation house, whose grounds are shared with local villagers, will give you a real feeling of the character and history of Príncipe Island. Of its 12 authentically decorated rooms, you can choose between Colonial House or the Plantation House, with spectacular tropical views.

## Location & Access

The hotel Roça Sundry is located at Príncipe Island, São Tomé and Príncipe

### BY AIR

From Portugal with TAP Portugal | [www.flytap.com](http://www.flytap.com) or STP Airways | [www.stpairways.st](http://www.stpairways.st)

From Accra, Ghana with TAP Portugal.

From Libreville, Gabon with Afrijet | [www.flyafrijet.aero](http://www.flyafrijet.aero)

From Luanda, Angola with TAAG | [www.taag.com](http://www.taag.com)

A domestic flight from São Tomé international airport operates daily to Príncipe Island.

In São Tomé main island, accommodation is provided at the boutique hotel Omali | [www.omalilodge.com](http://www.omalilodge.com)

Please ask us for further details.



## São Tomé and Príncipe

Floating in the Gulf of Guinea, Africa's second-smallest nation, blends natural wonders with a gripping history. Once a vast network of plantations and a centre of global cocoa production, São Tomé e Príncipe has suffered an economic downturn since independence from Portugal in 1975. In the countryside, squatters inhabit once great mansions; in the capital, historic colonial buildings slowly decay on broken streets. Nevertheless, the country remains amazingly safe and welcoming to visitors, particularly ecotourists, for whom the advancing jungle is a delight.

This is particularly true on tidy and unspoiled Príncipe, an island of just 7000 people. A canopy of green broken by spires of primordial rock, Príncipe is a magnificent lost world, offering fantastic beaches, jungle exploration, snorkelling, fishing and birdwatching.

Príncipe is a magical land that time forgot. Come and explore its forests and coasts, its beaches and bays, and let the warmth of its people renew you.

## Travel Information

### Visa

Valid passport holders from USA, Canada, EU and CPLP countries do not need a tourist Visa when staying in the territory up to 15 days. Valid Schengen or USA Visa on your passport also entitles for the Visa waiving program. Any other nationalities must apply online for an electronic authorization at [www.smf.st/virtualvisa/](http://www.smf.st/virtualvisa/)

### Weather

The temperatures vary from 23º to 30º Celsius. The rainy season is between October and November and from April to May. During the remaining months of the year the weather is mostly humid and warm.

### Currency

Euros are widely accepted. Local currency is Dobras that can only be exchanged on arrival in the country.

### Vaccination

Only if you have visited any other African country in the past 3 months, you must present on arrival a valid "International Vaccination Certificate" for Yellow Fever. No other vaccinations are required.

## Sustainability

Lying in perfect isolation some 130 miles off the West African coast, Príncipe's forests shelter an abundance of endemic birds and plants, reptiles and amphibians – little wonder the island is sometimes referred to as Africa's Galapagos.

But this is not a desert island: Príncipe has its people too, living in the colourful main town, Santo António, or scattered in pretty fishing villages along the coast. Our goal is to maintain and build harmony between the people and their island, and Roça Sundry is a vital part of that goal, providing a model of sustainable, responsible tourism, with the people of Príncipe involved at its core.

## Accommodation & Facilities

HOTEL FACILITIES				IN-ROOM FACILITIES			
NUMBER OF ROOMS	15	CHILDREN	Welcome	EXTRA BEDS	Yes	OUTDOOR SHOWER	No
CATEGORY	****	ORGANIZED TOURS	Yes	FAN	No	SAFE	Sim
ELECTRICITY	220 V	AIRPORT TRANSFER	Yes	AIR CON	Yes	MINI BAR	YES
WIFI	Yes	MOBILE PHONE	Yes	ROOM SERVICE	Yes	TELEPHONE	Yes
SWIMMING POOL	No	PRIVATE DINNERS	Various locations	MOSQUITO NETS	No	HAIRDRYER	Yes
CHECK IN	12:00	BAR	Yes	COFFEE AND TEA STATION	Yes	LAUNDRY INCLUDED	No
CHECK OUT	11:00	GYM	No	INDOOR SHOWER	Yes	DISABLED ACCESS	Yes
CREDIT CARDS	Yes	SPA	No	VERANDA	Yes	TELEVISION	Yes

## Our rooms

**Colonial House (6)** - Three rooms with panoramic view on the first floor, with 30m<sup>2</sup>, including balcony. Two of them are connecting rooms. More three rooms on the ground floor: one master suite (54m<sup>2</sup>) and two rooms (30m<sup>2</sup>) with garden view, all with private bathroom.

**Plantation House (9)** - Eight rooms with 25m<sup>2</sup> of living space, four with garden view and another four with panoramic view and balcony, all with private bathroom. More one master suite (54m<sup>2</sup>) with a bedroom, a living room and a private balcony.

## Activities

Beyond the heritage and the contact with the local community, that Roça Sundry provides, there is an island to be discovered. Set out on the adventure and be delighted with the wide range of memorable experiences that Príncipe has to offer you.

PRINCIPE EXPLORER	This is a great way of getting to know the island's culture and outstanding scenery in a single day. You'll also be able to observe the secrets of our organic farming and experience different aromas and tastes, as well as enjoying a marvellous traditional local meal.
PLANTATION TOUR	Learn all about the secrets of organic farming at the plantation house, Roça Paciência. Taste the different aromas and tastes of Príncipe Island's aromatic herbs and medicinal plants, visit the gardens and see how the products are transformed into delicious jams, tropical muesli, toiletries and beauty products.
TURTLE WATCHING	This trip consists in accompanying the monitoring of the sea turtles laying their eggs on the beaches of Príncipe Island, between November and March. You'll get to learn about sea turtles and the conservation of this threatened species. If you're lucky enough to watch a female laying her eggs or her young being hatched, it is certainly an unforgettable experience.
WHALE WATCHING	Watch whales and dolphins in their natural habitat. Príncipe island is a great place for spotting these beautiful species.
BIRD WATCHING	São Tomé and Príncipe has between 21 and 29 endemic species of birds. Take your binoculars and venture out to discover them. Their sounds and colours are unique and unforgettable.
BIOSPHERE TRAILS	Discover the cocoa plantations, walk along rivers, climb to Papagaio peak, 700 meters high formed from volcanic rock or just refresh yourself in the waterfalls. The unpredictable weather only adds to the mystery and ambience of this unique island.
COMMUNITY VISITS	Experience this great way to get a sense of the people and culture of Príncipe island. You will be able to interact with, talk to, and learn from people in a relaxed and genuine way.
SCUBA DIVING & SNORKELING	Enjoy the freedom and all the beauties of the underwater world of Príncipe island.
BOAT TRIPS	Enjoy a boat trip along the beaches of the northeast side of the island and discover the natural beauty of Príncipe from the perspective of the sea.
STARGAZING	Lose yourself counting shooting stars under a clean and endless sky. With the help of telescopes observe constellations and all the most incredible things that the universe has to offer us.