



SANDS
SUITES RESORT & SPA
MAURITIUS

SANDS SUITES RESORT & SPA

Sands Suites Resort & Spa is located on the most pristine beach stretch of Flic en Flac. Located in the Mauritian West Coast, the resort is in a prime location overlooking the scenic views of Tamarin Bay's turquoise lagoon and the prominent Morne mountain.



As a green globe certified resort, this boutique hotel provides an exquisite experience that unfolds in a peaceful and serene atmosphere. This ethereal environment is owed to the incredible natural landscapes as well as the resort's unique architecture and décor, which altogether contribute to the making of a literal slice of heaven on the western coast of the island.



ACCOMMODATION

SUPERIOR SUITE

Located on the first and second floors, the 52 Superior Suites comprise of an elegant interior where warm tones create a relaxing atmosphere. All suites feature a sea-facing balcony that overlooks the resort's vibrant natural landscape leading up to the magnificent blue lagoon.

DELUXE SUITE

The 26 Deluxe Suites are located on the ground floor and feature individual terraces where guests can soak in the sun and enjoy their private garden. The suites are walking distance from the beach, the volleyball court as well as the hammocks for those who wish to sway beneath the palm trees. The accessible suite also includes a unique wallpaper décor reminiscent of the resort's symbiotic relationship with nature whilst simultaneously contributing to the suite's exclusivity.

BEACHFRONT SUITE

Bridging the gap between land and shore, our 12 Beachfront suites are ideal for those who wish to have direct access to the beach. The suites comprise of a private sea-facing balcony or terrace, which both offer an exceptional view of the Tamarin Bay. Its idyllic location creates an atmosphere which blends both luxury and serenity.

EXCLUSIVE SUITE

Set on the first floor, the Exclusive Suite is ideal for those who wish to experience a premium stay. The signature suite comprises of two bedrooms, two balconies where guests can take in the myriad of colours constituting the Mauritian landscape. Its exclusivity is also rooted in the additional lounging space comprising of a joint living and dining area.

SUITE OCCUPANCY

90 Suites of 52.5 m² including 5 pairs of interconnecting Deluxe Suites
Occupancy: 2 adults + 1 teen/child (above 12 years old) or 3 adults

1 Exclusive Suite of 145 m²
2 bedrooms and separate living/dining area
Occupancy: 2 adults + 1 teen/child (above 12 years old) or 3 adults





AMENITIES

DELUXE SUITE



IN ROOM AMENITIES

As a green globe certified resort, we value the use of refined sustainable products in all our suites. We provide in-house bottled water with packaging made from plants, recycled slippers, beach and laundry bags as well as eco-friendly packaging for all our bathroom amenities.

Welcome amenities by Bvlgari

King size bed / twin beds

Individual air-conditioning units

Direct dial telephone with voice mail system

Minibar

Free Wi-Fi

IPTV

Complimentary tea/coffee making facilities

Nespresso machine in Exclusive & Beachfront Suites

Bathrooms with a separate shower, bath and toilet

Double sink

Hair dryer

Shaver socket

Electronic safe

Walk-in wardrobe

Packing & unpacking services

TAMARIND TERRACE

Tamarind Terrace offers a unique dining experience where guests can choose from a wide range of refined international cuisine as well as Mauritian delicacies in a buffet style for those who wish to imbibe themselves in the local scene.

Seating capacity: 160 covers

Opening hours:

Breakfast (buffet): 07.00 a.m. – 10.00 a.m.

Dinner (themed buffets): 07.00 p.m. – 10.00 p.m.

Dress code: Smart Casual (No shorts / sleeveless shirts for dinner)



To honour its green globe certification, the resort takes eco-friendly initiatives to avoid food wastage. This is done by doing live cooking and collecting waste oil from the kitchen that is later recycled into biofuel. All meals are cooked from our garden's fresh produce and leftovers are composted to beautify our landscape. The restaurants and bars all use biodegradable takeaway boxes and cutlery.



Pink Peppercorn

Located on a wooden deck on the beach, Pink PepperCorn, as its eponymous name suggests, is positioned next to a pink peppercorn tree and right beneath two “coqueluches” trees. The restaurant specialises in seafood dishes and offers a variety of local dishes. It is the ideal location to enjoy a romantic meal. Reservation is advised..

Seating capacity: 20 covers

Opening hours:

Lunch: 12.00 p.m. – 03.00 p.m.

Dinner: 07.00 p.m. – 10.00 p.m.

Dress code: Smart Casual (No shorts / sleeveless shirts)





Spices

Spices Restaurant, offers a unique « à la carte » menu inspired by a Mediterranean cuisine with a blend of Mauritian food, thereby creating an exceptional fusion. This cuisine creates a unique combination of flavours. All dishes can be paired with wine which can be found in our finely curated wine list that complements every dish to perfection.

Seating capacity: 60 covers

Opening hours (reservation required): 07.00 p.m. – 10.00 p.m.

Dress code: Smart Casual (No shorts / sleeveless shirts)

DOLPHIN BAR

Located at the heart of the resort, Dolphin Bar is a lively meeting point where guests can lounge about whilst enjoying live performances. The restaurant offers a lunch menu as well as a refined selection of cocktails which can be sipped alongside traditional Mauritian snacks.

Beverage service: 8.00 a.m. – 11.00 p.m.

Snacks and sandwiches: 12.00 p.m. – 06.00 p.m.

ADDITIONAL FOOD & BEVERAGE SERVICES

To enhance your holiday experience and to better curate your stay to your liking, our team at Sands Suites Resort & Spa can arrange a romantic dinner on the beach or in the gazebo. We are open to your requests and happy to make alternative arrangements.



We also offer a dine around concept, where guests can dine in 3 restaurants located in our sister property Maradiva Villas Resort & Spa.



WELL-BEING LIES IN THE PHYSICAL AND MENTAL HARMONY.

Sands Spa is ideal for those who wish to distance themselves from the bustling outside world. Let your mind and soul take a relaxing journey as the scent of essential oils and aromas fill the air and let yourself be guided by our experienced therapists to an unforgettable treatment.

Our Spa is comprised of 2 single and 2 couples' treatment rooms, one sauna, one hammam as well as a hairdressing and a beauty parlor. Both sauna and hammam treatments are free of charge for our guests, however an advanced booking is recommended to ensure that they are available at the desired time.



Ayurvedic treatments are also available upon request.

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The ayurvedic treatment rooms are located at Maradiva Villas Resort & Spa.





THE INDIAN OCEAN IS THE IDEAL PLAYGROUND FOR THOSE WHO LOVE TO INDULGE IN WATER SPORTS. AT SANDS, WE OFFER A REFINED AND EXTENSIVE LIST OF ACTIVITIES

COMPLIMENTARY WATER SPORTS ACTIVITIES

Water skiing	Glass bottom boat
Stand up paddle	Windsurfing
Sailing boat	Snorkelling
Pedal boat	Aqua-gym
Kayak	Wakeboarding

CHARGEABLE WATER SPORTS ACTIVITIES

- Swim with Dolphins
- Ballad speed boat
- Sunset Cruise
- Catamaran
- Big Game Fishing

*motorised activities are done outside the lagoon.

COMPLIMENTARY LAND SPORTS

Floodlit Tennis Court

(open from 07.00 a.m. – 10.00 p.m.)

Beach volley

Table tennis

Bocce balls

Yoga & Meditation (Beginner)

Tamarin Village walk

Bicycle tour to Flic en Flac

Croquet

Carrom

Pool table

CHARGEABLE LAND SPORTS ACTIVITIES

Tennis lessons

Bikes rentals (Normal and Electric bikes)

Tamarina Golf Course - 18 holes

Yoga & Meditation (Intermediate)



TAMARINA GOLF COURSE

To enhance your luxury holiday experience, Tamarina Golf Course with whom we are in partnership, is available for golf lovers as well as those who wish to enjoy a few rounds on the green. It is located nearby, a mere five-minute drive from the Sands Suites Resort & Spa.

Tamarina Golf Course, is an iconic 18-hole championship golf course that was designed by Rodney Wright and is one of the most beautiful courses of the island.

*Free green fees & transfers for those booking in Beachfront and Exclusive suites. Conditions apply.

OTHER SERVICES & ENTERTAINMENT

FITNESS CENTRE

Technogym cardiovascular and weight training equipment are available for our guests to use in their own time in our fitness room. For those who wish to have guided sessions, we also provide fitness classes where our fitness instructor will see to your expectations.

Open daily as from 08.00 a.m. – 08.00 p.m. free of charge.

ENTERTAINMENT

Dolphin bar is the ideal location for clients to unwind whilst enjoying live performances brought by local artists. Such performances display the island's intrinsic multiculturalism and multidiversity.





ROMANTIC DINNER

ADDITIONAL SERVICES

Laundry / Dry cleaning services

Boutique

Multi-purpose – conference and banquets (70 pers.)

Local newspapers in the lobby / International newspapers on request

Desktop and INTERNET access point

Free Wi-Fi

Library

Art Gallery by Adamah Fine Art

Online Check-In formalities

Concierge

Valet parking

Heated swimming pool during winter with whirlpool

Weddings

Turn-down service & Luggage room

Transfer in taxi or BMW X5

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