



# JOALI BEING

- BODUFUSHI -

# JOALI BEING

-BODUFUSHI-

*There is joy in  
weightlessness*

With the island's wild forest remaining untouched, JOALI BEING has been built using **Biophilic design** principles, a scientific system of integrating architecture and design with nature, aiming to achieve harmony by and enhance the energy flow of the island. Nature is at the centre of life here, with the retreat being completely committed and responsible travel – the pathway to true “weightlessness”.





## THE ONLY WELLBEING ISLAND OF ITS KIND IN THE MALDIVES

Here, wellbeing is so much more than just an expression – it is a way of life, of **being**.

We believe in savouring the joy of here and now.

In setting our intention and nurturing with empathy. In co-creating moments of **wonder** and **transcendence**.

We invite guests to reconnect with themselves as we meet them where they are and guide them on a journey of self-discovery and renewal, with the ultimate aim for guests to return home feeling renewed, uplifted and inspired, with a new sense of **“weightlessness”**.



## HOW TO FIND US

JOALI BEING resides on the secluded island of Bodufushi in Raa Atoll, an easy seaplane flight away from Velana International Airport (Malé). All guests are accommodated in the well-appointed JOALI private lounge prior to their travel.

### **Regular Seaplane (shared or private)**

Round trip transfers (40 minutes) from Velana International Airport (Malé) by a third-party seaplane operator.

### **JOALI Seaplane**

Round trip transfers (40 minutes) from Velana International Airport (Malé) by JOALI seaplane.

### **CIP Service**

Minimise waiting time for immigration formalities, with CIP 'Maamahi' Lounge service at Velana International Airport (Malé) on arrival and departure upon request. This includes immigration clearance support with baggage claim assistance and delivery to designated sea/land transfer, escort to designated transfer, and use of a private lounge during the immigration process.

**Closest international airport – Velana (Male)**



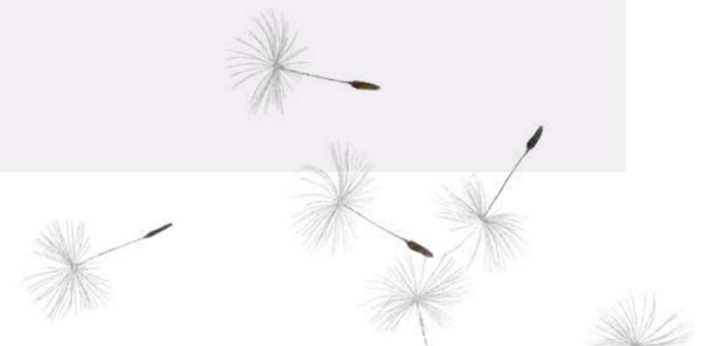


## GATE OF ZERO

Our storied masterpiece draws inspiration from the semazen's flared white skirt, which represents letting go of the ego, cleansing the soul and arriving at "zero", the indefinable point at which true introspection becomes possible.

Here is where your JOALI BEING journey begins.  
Liberation of the soul, unshackled by ego. A space to converse with the self.  
A quest that takes you from being to becoming.

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GATE OF ZERO



# OUR WELLBEING PHILOSOPHY

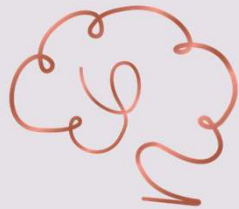
JOALI BEING is the beginning of a *transformative journey*. From exhilarating adventure and soulful relaxation to customised nutrition and interactive learning, we create wellbeing experiences tailored to individual lifestyles and goals.

Centred around the Four Pillars of JOALI BEING *Mind, Skin, Microbiome and Energy*, our offerings draw on modern science and time-honoured traditions alike. Our signature Immersion Programmes bring together curated treatments, therapies and experiences that reinforce each pillar.



# THE FOUR PILLARS OF JOALI BEING

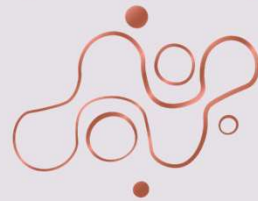
## MIND



The Mind is responsible for thinking, feeling and making choices, as well as directing our emotional, psychological, and social wellbeing.

Our mind is the gravitational field that determines how we express ourselves, handle stress and relate to others.

## MICROBIOME



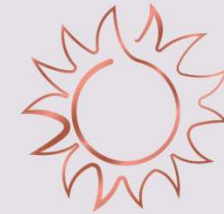
Referred to as the second brain, the gut's Microbiome plays a key role in human health by breaking down and absorbing nutrients and strengthening the immune system. When the gut is healthy, the other pillars thrive.

## SKIN



Skin is the largest body organ with its own microbiome. By focusing on skin health, we nurture the body, restore natural beauty and reverse ageing, impacting many areas of life, including self-confidence.

## ENERGY



Energy is a journey of the body, expanding through conscious movement. This pillar reflects how we sustain and renew physical energy in order to have the capacity to keep thriving. Regular intervals of self-care, restoration, and recovery help to re-energise ourselves, even during high-paced periods.



# TRANSFORMATIONAL SPACES

Inventive and inspiring, our expansive wellbeing facilities offer endless possibilities for reflection, movement and growth. Find soul-deep stillness or enjoy the thrill of an energetic new workout. Resonate with the healing harmonics of sound, or dip into the pure goodness of water.

THE DISCOVERY  
SOUND PATH

Areka

KAASHI

TREATMENT  
ROOMS

AKTAR

OCEAN SALA

THE LEARNING  
CENTRE

SEDA

CORE

JOALI BEING

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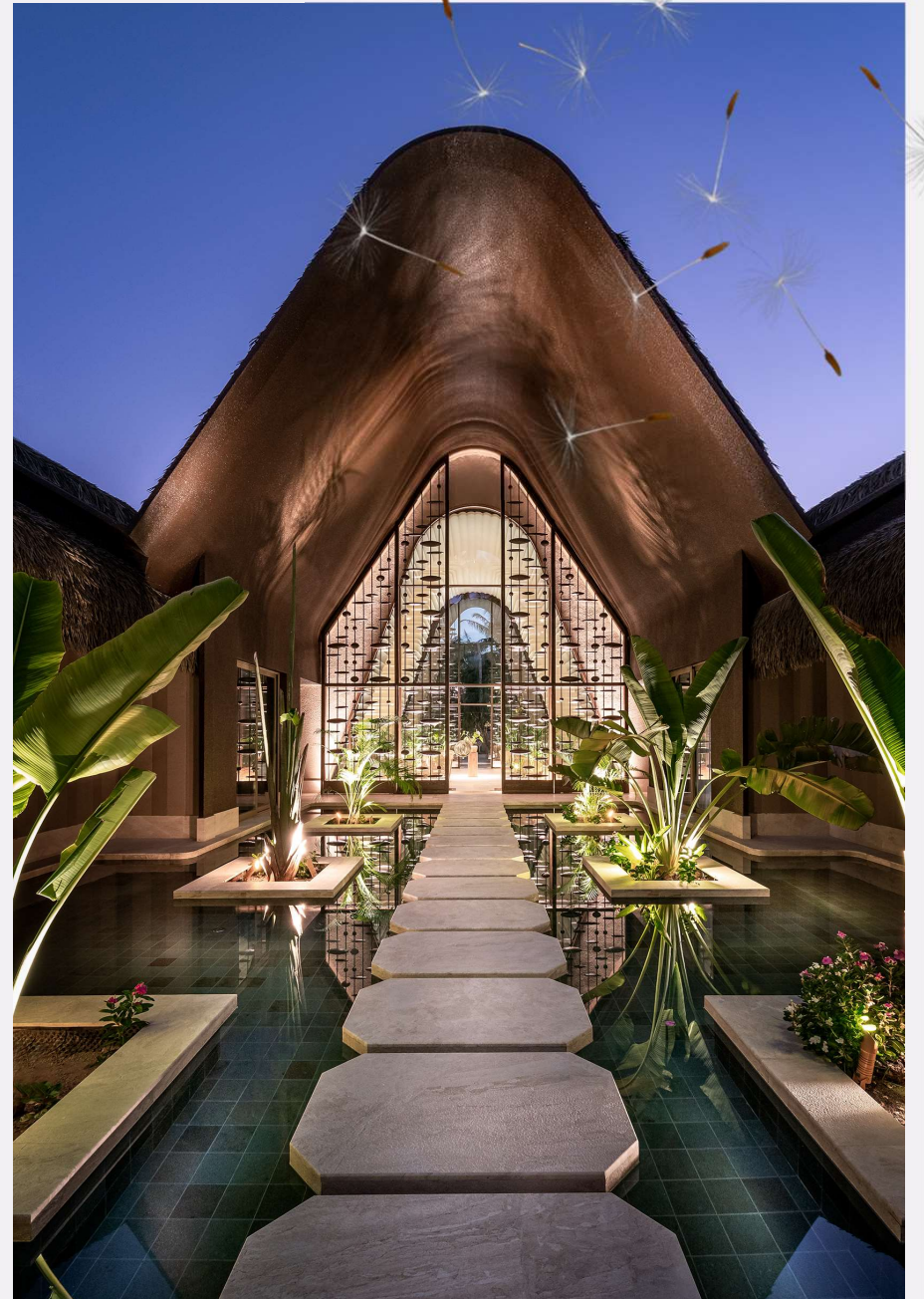




# Areka

AREKA opens doors to fully immersive wellbeing experiences, diagnostic services, learning programmes, specialised therapeutic and alternative healing treatments, as well as expansive fitness and gender-specific recreation facilities.

**This is the entrance to all transformational spaces.**



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QUIET ZONE





  
AKTAR

AKTAR is **JOALI BEING's** herbology centre, inspired by the joy of spice markets. Guests are able to address any Mind, Skin, Microbiome, and Energy concerns with the resident herbologist, who specialises in the health benefits of herbs and essential oils.

Herbologists can prepare herbal teas for any kind of physical or mental ailment, create natural body creams, shampoos and massage oils, as well as offer workshops for guests to learn about the science behind the health benefits of herbs and oils. Guests are welcome to enjoy healthy teas and natural energy drinks, try natural cosmetics and purchase their own dried herbs and oils from the AKTAR shop.

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AKTAR



## SEDA

Restore your inner balance through the **healing harmony of music** and vibration, in a mesmerising space created by a sound healing visionary and JOALI BEING collaborator. Taking its name from its origins, it brings together the rich tradition of classical music and international academic sound studies and research, as well as contemporary design and innovation.







## THE DISCOVERY SOUND PATH

Follow the secluded palm-fringed trail to our sound therapy oasis, resonating with the natural rhythms of the island.

Featuring 9 unique instruments, this outdoor healing space has been conceptualised by sound healing visionary and **JOALI BEING** collaborator. It offers guests an opportunity to restore their inner balance through harmonising vibrations and sounds.



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## CORE

Elevate your fitness experience as you explore different movement patterns and pathways to wellbeing. Inject fresh energy and balance into workout routines with intelligent training programmes, tailored to your personal goals. Our resident movement coaches utilise the latest scientific technologies to help you break through barriers and grow in strength and positivity. Master new skills, radiate happiness and feel more alive as you become part of the **JOALI** community.

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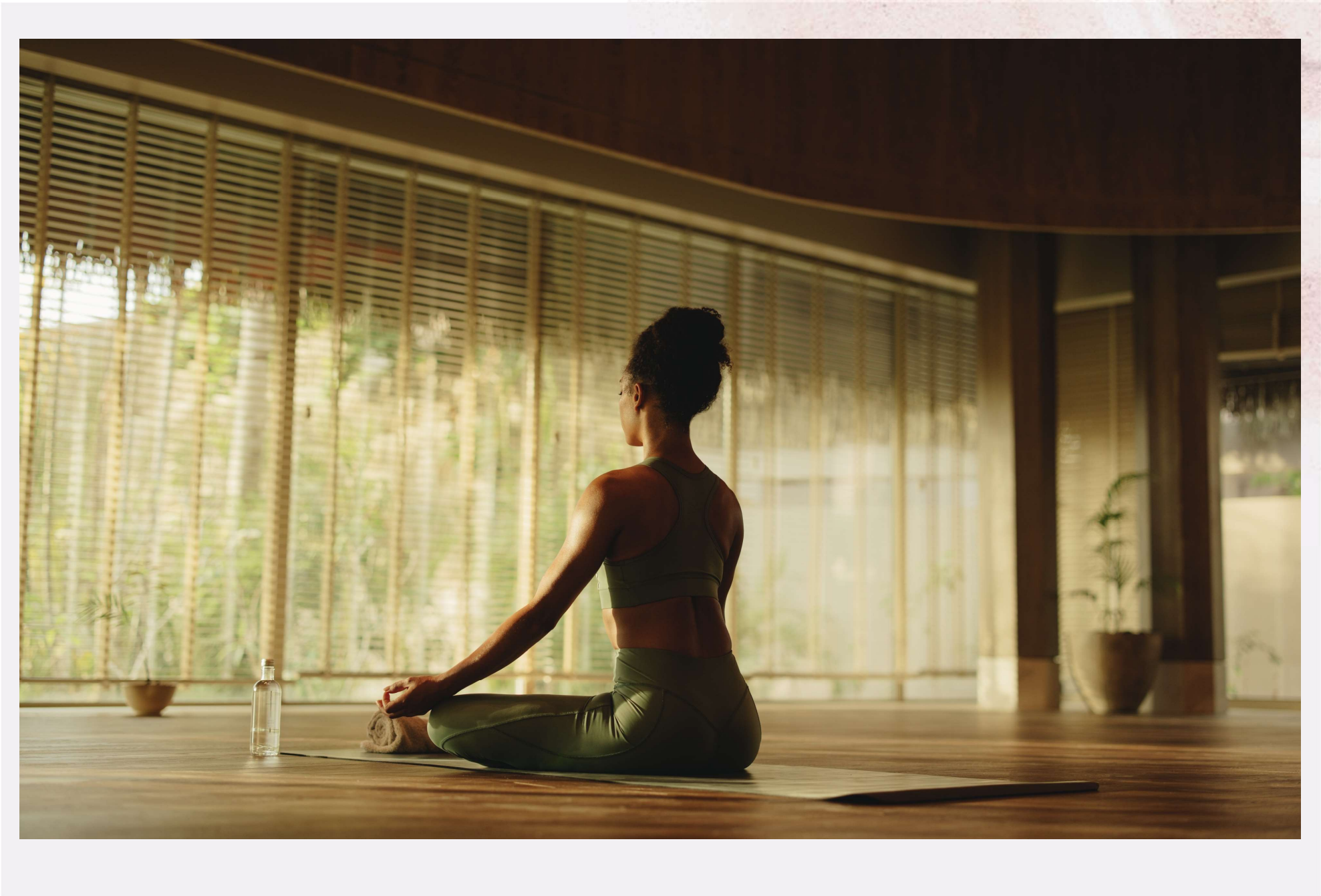
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LOTUS





PILATES



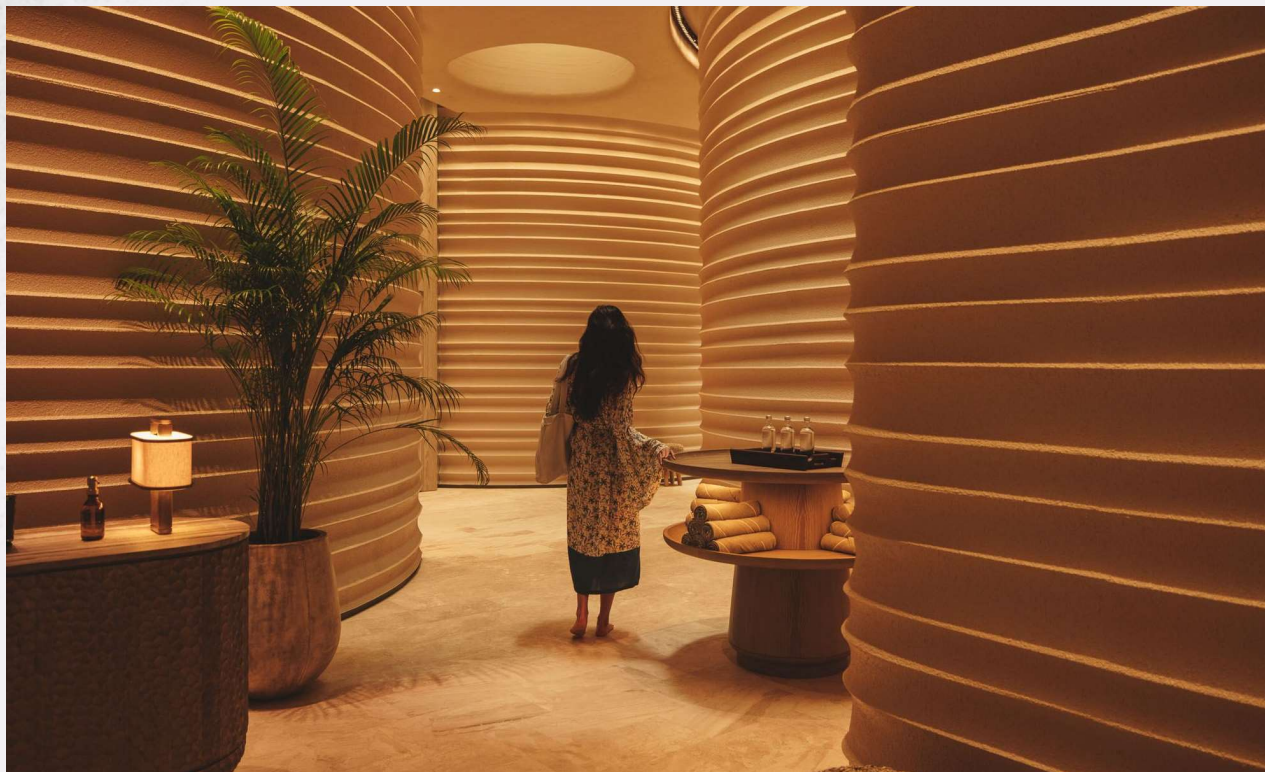
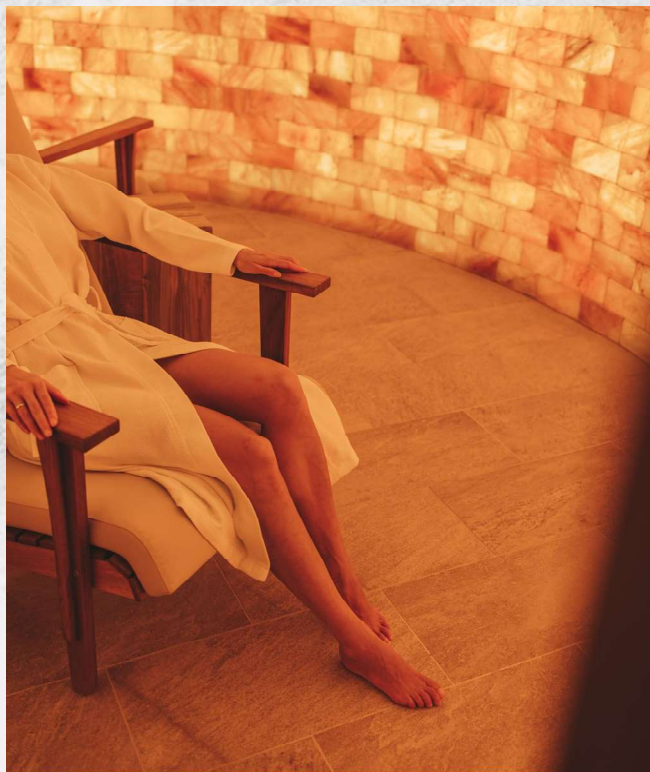


D-WALL



CRYOTHERAPY





## KAASHI

Honouring the ancient tradition of healing through water, our hydrotherapy hall takes inspiration from the fascinating transformation of coconut from salt water into a luscious fruit. Experience the cleansing powers of our Banya inspired by Russian Banya, the exhilaration of our Aufguss Sauna or the blissful tranquillity of Watsu therapies and the Salt Inhalation Room.

JOALI BEING

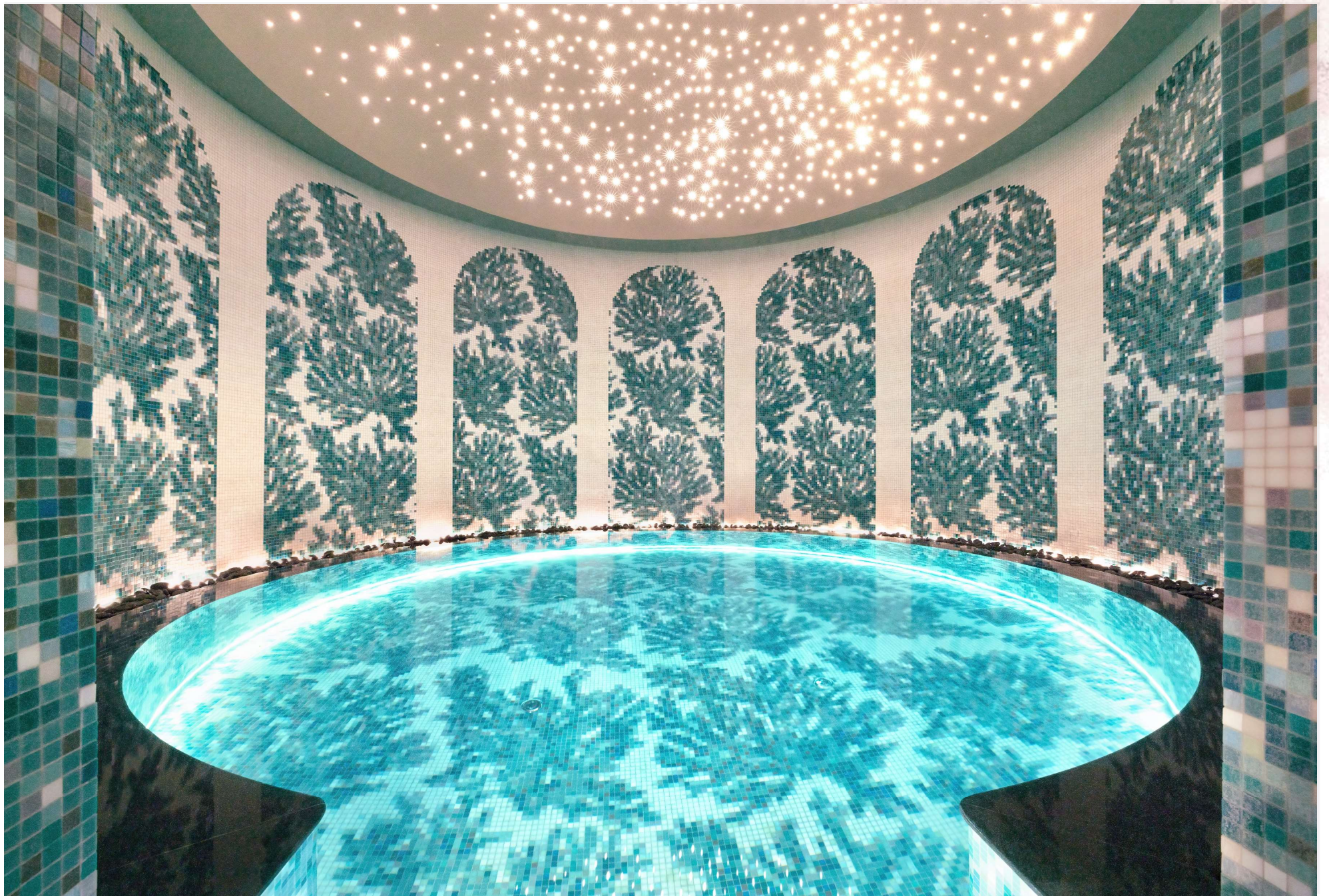
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TURKISH HAMMAM





WATSU





AUGUSS SAUNA





SALT INHALATION ROOM



An aerial photograph of a tropical resort. In the top left, there is a cluster of buildings with thatched roofs and swimming pools, surrounded by lush greenery and palm trees. A long, curved wooden walkway extends from the shore into the clear, turquoise water. At the end of the walkway, there is a large, circular pavilion with a thatched roof and a wooden deck. The water transitions from shallow, light blue to deep, dark blue as it extends into the distance.

## OCEAN SALA

Dedicated specialists will guide you through a transformational journey in our extensive over-water & mind facilities, which include an antigravity yoga pavilion, and a meditation deck with majestic ocean views.



# TREATMENT ROOMS

Each of our 39 treatment rooms is equipped with a signature sound that is aligned with planetary frequencies and in synergy with the room's location on the island.

These intelligently designed spaces welcome positivity and harmony, whether you are surrounded by treetops or relaxing over the waves, healing with quartz crystals or rebalancing with ancient Eastern massage techniques.



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# WELLBEING PROGRAMMES AT JOALI BEING

Embark on a transformative wellbeing journey, surrounded by the abundance and wisdom of nature. Curated around the Four Pillars of JOALI BEING:

Mind, Skin, Microbiome and Energy, our Wellbeing Programmes are designed to meet a variety of objectives, including: deep relaxation, stress recovery, digestive reset, weight management, preventive skincare, anti-ageing, energy replenishment, and yoga enhancement.

Additionally, we offer specialised programmes for mothers-to-be, women, men, couples, and guests facing sleep issues. Experience the remarkable Joy of Weightlessness at JOALI BEING, and return home feeling renewed and inspired.

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# UNWIND & RELAX



## Retreat Objectives

Reinvigorate yourself deeply through a synergistic blend of sound healing sessions, inner peace therapies, grounding and restorative practices, and balancing cuisine.

Surrounded by serene lagoons and whispering palms, our island sanctuary is the ideal space to discover the Joy of Weightlessness – a feeling of lightness and freedom.

Designed to revive the healing energy within you, this Wellbeing Programme is recommended for guests who wish to ease mental and emotional stress. Emerge feeling rebalanced, renewed and ready to embark on new adventures out in the world.

*Available for any adult over the age of 16 years old*



# DE-STRESS



## Retreat Objectives

Cultivate inner balance, vitality and strength through a sequence of grounding and restorative practices, transformative sound therapy sessions, and energy balancing treatments. Tailormade for guests seeking to manage stress and anxiety, this Wellbeing Programme focuses on mindfulness practices that help cultivate a deeper awareness of feelings, thoughts, bodily sensations, and surroundings.

Create a reservoir of inner resilience to help you better navigate the challenges and pressures of modern life. Being present and appreciating the wonder in each moment opens a path to the Joy of Weightlessness – a feeling of lightness and freedom.

*Available for any adult over the age of 16 years old*



# GUT RESET



## Retreat Objectives

Nurture your body's micro-environments to unlock healing at multiple levels. Especially designed to address the root cause of digestive disorders, this Wellbeing Programme promotes cellular detoxication and restores the natural balance of your microbiome through a synergistic blend of gentle detoxifying treatments.

As toxins are cleared away and digestive health is optimised, feel your wellbeing improve across multiple dimensions. Discover the Joy of Weightlessness in nature's healing embrace, complemented by the pure nourishment of our Earth-to-Table cuisine.

*Available for any adult over the age of 16 years old*

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# WEIGHT REBALANCE



## Retreat Objectives

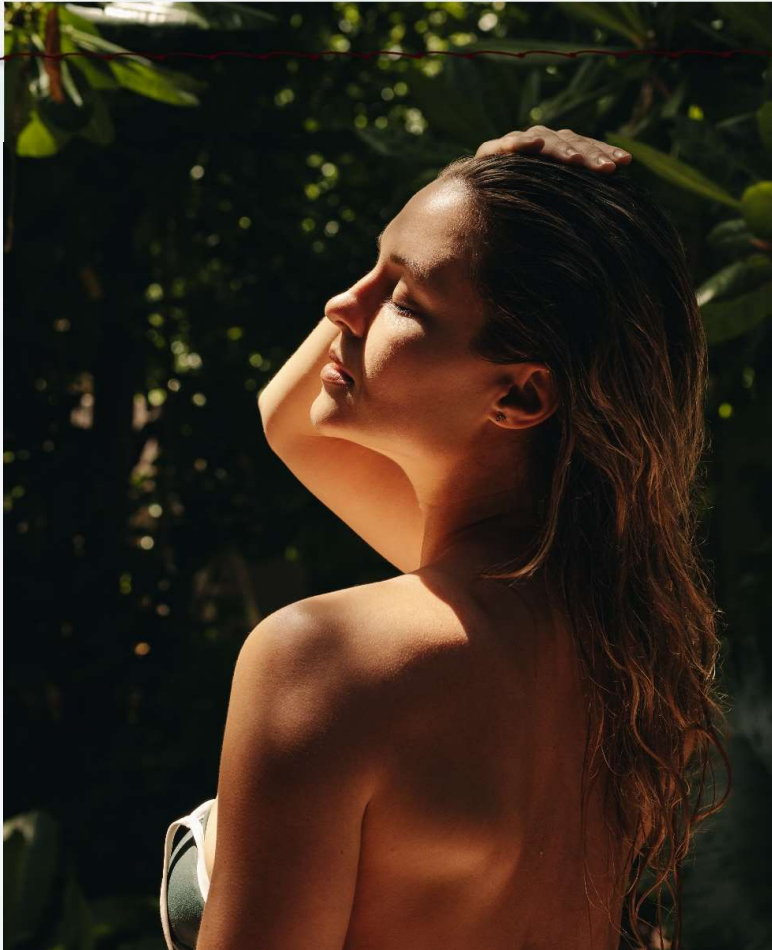
The more we learn about the digestive system, the more we realise how vital a healthy gut microbiome is for overall wellbeing. Thoughtfully created to support your weight management goals, this Wellbeing Programme helps to enhance the metabolism and contour the body.

Arrive at your optimum weight through a synergistic blend of gentle detoxifying treatments that clear toxins as well as restore internal balance. As physical and mental wellbeing are elevated, let the Joy of Weightlessness become your natural state of being.

*Available for any adult over the age of 16 years old*



# REVERSE AGEING



## Retreat Objectives

Experience a deep skin transformation, guided by a potent combination of advanced science and ancient wisdom.

Ideal for guests who wish to restore the natural youth of their skin and hair, this Wellbeing Programme features a series of time-reset treatments that have been proven to effectively reverse the signs of ageing.

Carefully chosen therapies help to counter the damage done by stress and environmental factors. As skin cells are rejuvenated and renewed, your skin and scalp microbiome return to their optimal state. Discover a sense of profound wellbeing, infused with the Joy of Weightlessness that is at the heart of JOALI BEING.

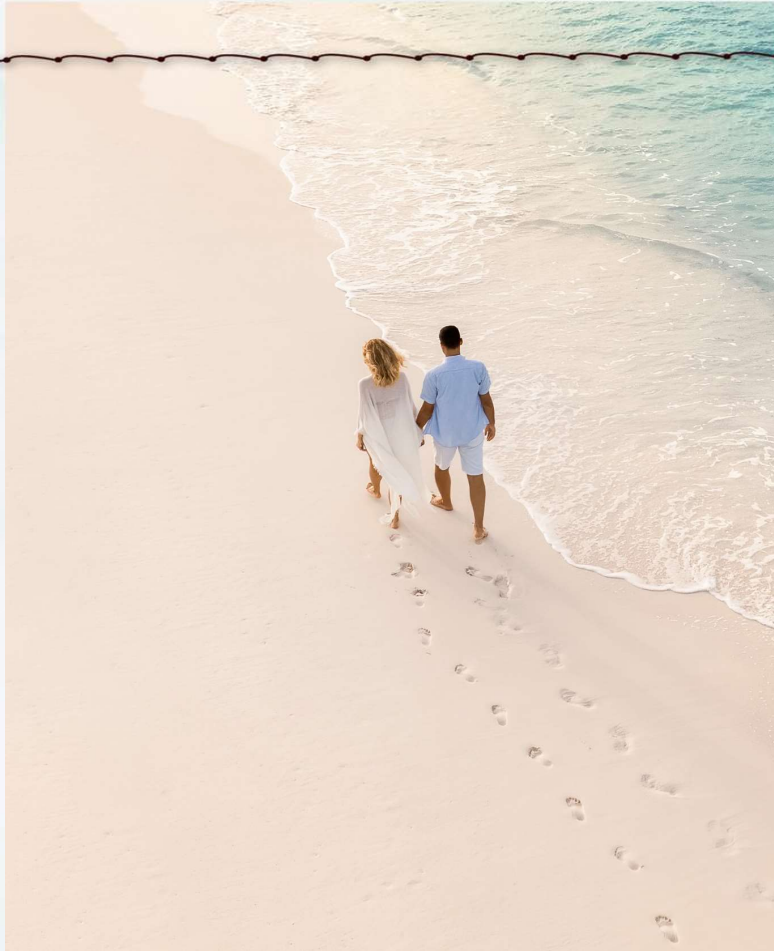
*Available for any adult over the age of 35 years old*

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# WELLBEING TOGETHER



## Retreat Objectives

Embark on a joyful adventure together to nurture and deepen your precious bond. This Wellbeing Programme invites couples to explore each other's interests and share meaningful moments in our ultra-luxurious island paradise.

Rediscover the unparalleled pleasure of spending time together as you enjoy wellbeing treatments and indulgent experiences designed for two. Blissfully removed from the outside world, this unforgettable journey sparkles brightly with the Joy of Weightlessness – an exhilarating feeling of lightness and freedom.

*Available for any adult over the age of 16 years old*



# CULINARY ARTS

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## CULINARY ARTS

Culinary arts at JOALI BEING focus on an **Earth-to-Table** initiative, promising ingredient traceability and offering fresh, locally harvested foods that support small farms and are sustainably sourced. All food and drink options at JOALI BEING have been expertly curated with the help of the retreat's nutritionists, offering a selection of flavours and cuisines with healthy and indulging dining options. If desired by guests, personalised nutrition sessions and co-created menu recommendations are available.

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flow



Immerse in the vibrancy and rhythm of our interactive dining spaces and three signature kitchens in **FLOW** restaurant. **Su** serves ocean-to-table pescatarian cuisine, **Plantae** offers nourishing vegetarian & vegan fare and **B'Well** features the signature JOALI BEING menu with meat and poultry options.

**For gourmet, we provide personalised nutritionist sessions and co-created menus.**

b'well su plantae

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mojo

sai

Located on the beach, **MOJO** is the retreat's coastal sanctuary with a three-layered sundeck and is an ideal lunch and sundowner spot by the pool. MOJO is home to JOALI BEING's tea lounge, named **SAI**, which serves over 60 different types of teas and hosts tea ceremonies and educational lessons with the island's resident Tea Sommelier.

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MOJO





## TEPPANYAKI







OCEAN SALA RESTAURANT





## CULINARY LEARNING CENTRE

Believing that understanding is the key to creating and sustaining wellbeing, the island's Learning Centre offers a series of educational workshops and experiential classes, including sessions with our wellbeing and culinary experts, herbologist and tea sommelier. The Culinary Centre of 66 sqm accommodates up to six people for interactive cooking and herbology classes, while the Inspiration Room offers wellbeing educational experiences for larger groups.



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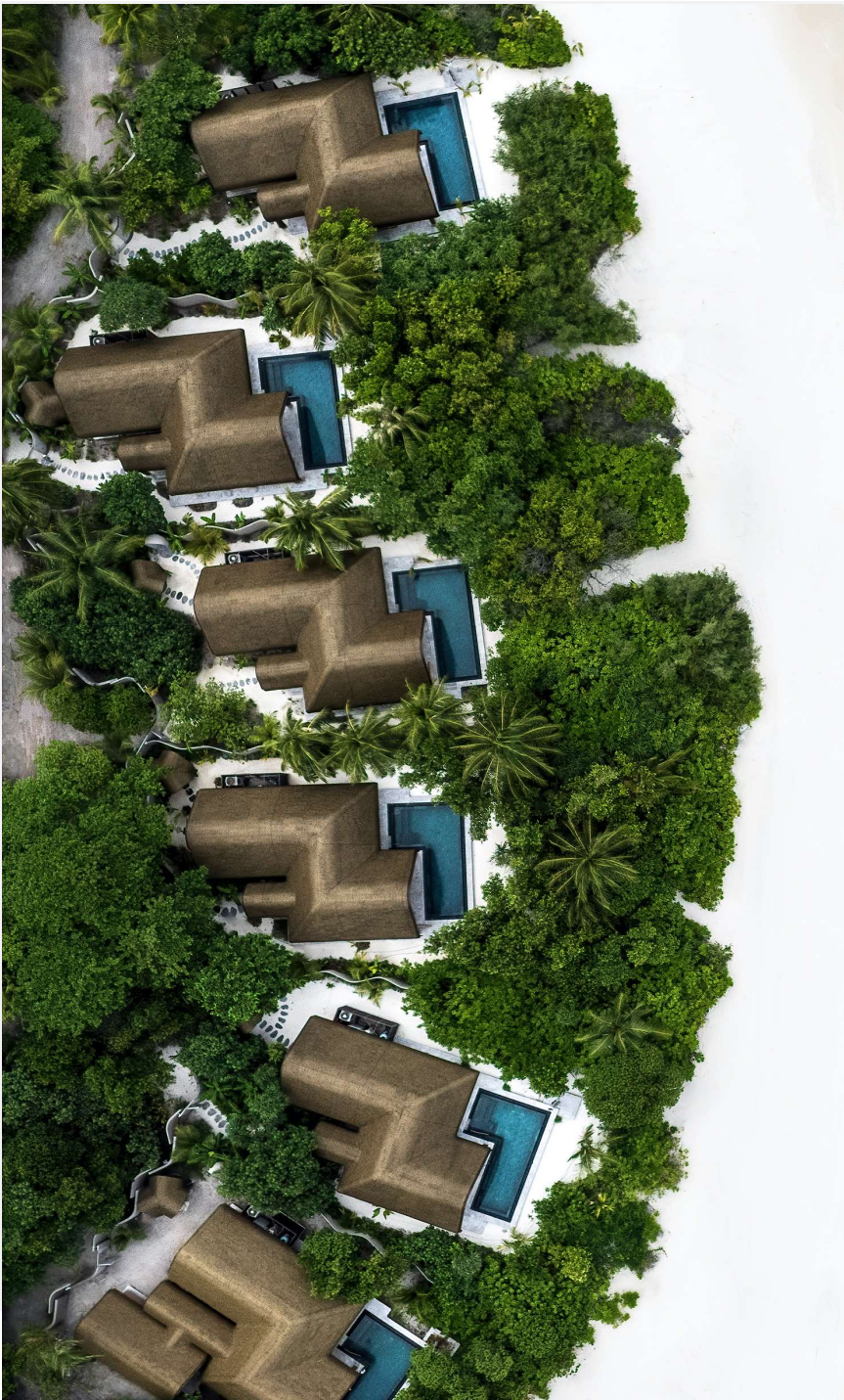


# WELL-LIVING SPACES

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## WELL-LIVING SPACES

JOALI BEING is a multi-generational retreat and welcomes guests of **age 12 and above** for a rejuvenating wellbeing journey.

The biophilic design principles of JOALI BEING's architecture evoke harmony and balance by enhancing the energy flow of the island.

Each of our 68 thoughtful well-living spaces come with private pools and special inclusions, such as customised wellbeing-bar setups, meditative musical instruments and wellbeing games.

### All villas feature:

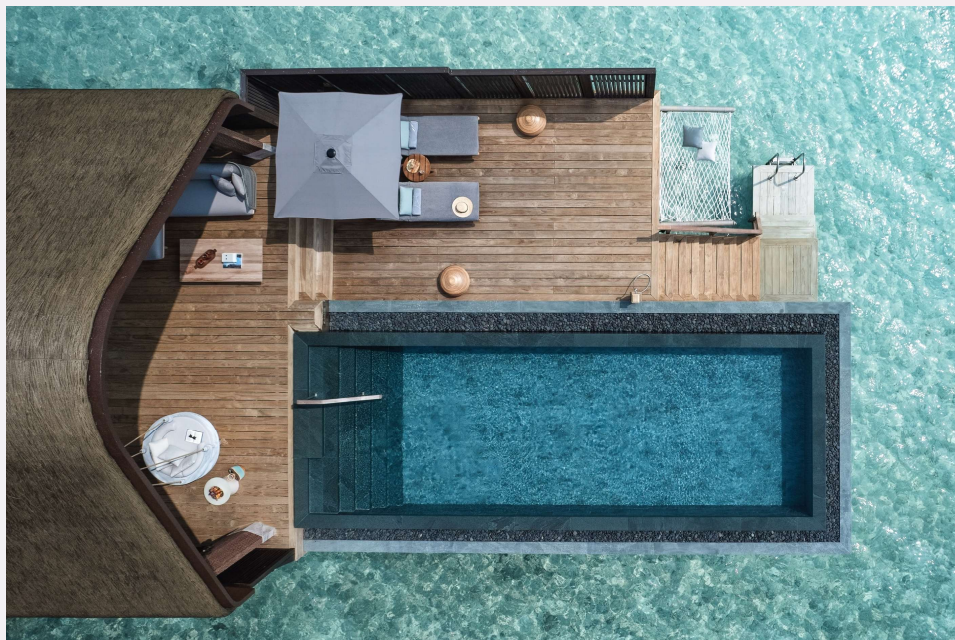
- |                            |  |
|----------------------------|--|
| Private Pool               | In-villa Safety Box                    |
| Jadugar (Butler) Service   | Multi-line Telephone<br>With Voicemail |
| King/Twin Size Bed         | Tea/Coffee Making<br>Facilities        |
| Air-conditioning           | Wellbeing Bar                          |
| Bang & Olufsen             | IDD Telephone and Wifi                 |
| All Villas Offer Sea Views | Outdoor Rain Shower                    |
| Hairdryer                  |  |
| Hair Straightener          |  |
| Non-allergenic Pillows     |  |



## WELL-LIVING SPACES

CATEGORY	NUMBER OF UNITS	INTERIOR SQM	MAX OCCUPANCY
Ocean Pool Villa	10	87	2
Sunset Ocean Pool Villa	4	87	2
Grand Ocean Pool Villa	10	92	3
Sunset Grand Ocean Pool Villa	8	92	3
Beach Pool Villa	10	93	3
Grand Beach Pool Villa	13	106	3
Two-Bedroom Ocean Pool Villa	1	122	4
Two-Bedroom Beach Pool Villa	7	155	5
Grand Two-Bedroom Ocean Pool Villa	1	159	5
Two-Bedroom Wellbeing Beach Pool Villa	1	258	6
Two-Bedroom Wellbeing Beach Residence	1	274	6
Three-Bedroom Wellbeing Beach Residence	1	345	7
Four-Bedroom Wellbeing Private Ocean Residence	1	491	10





OCEAN POOL VILLA / SUNSET OCEAN POOL VILLA





## OCEAN POOL VILLA / SUNSET OCEAN POOL VILLA

Interior area 87 sqm | Exterior area 173 sqm | Pool 33 sqm  
MAXIMUM OCCUPANCY: 2 ADULTS

1 Bedroom; 1 Bathroom; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Rain Shower; Sundeck Terrace; Hammock

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GRAND OCEAN POOL VILLA/  
SUNSET GRAND OCEAN POOL VILLA





## GRAND OCEAN POOL VILLA/ SUNSET GRAND OCEAN POOL VILLA

Interior area 92 sqm | Exterior area 138 sqm | Pool 33 sqm

MAXIMUM OCCUPANCY: 3 ADULTS

1 Bedroom; 1 Bathroom; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Rain Shower; Sundeck Terrace; Hammock



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BEACH POOL VILLA











## BEACH POOL VILLA

Interior area 93 sqm | Exterior area 410 sqm | Pool 25 sqm

MAXIMUM OCCUPANCY: 3 ADULTS

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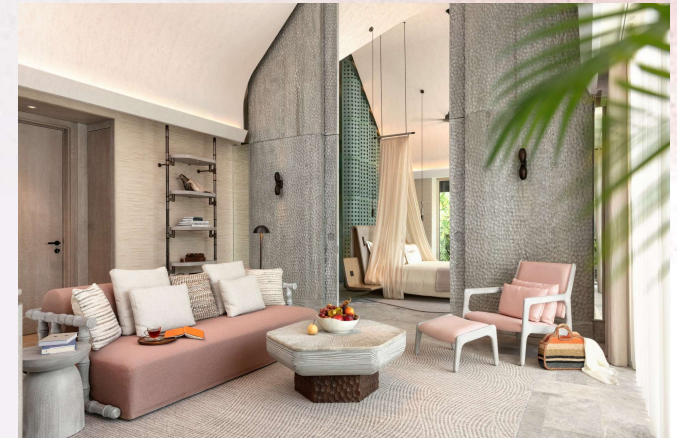
1 Bedroom; 1 Bathroom; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Garden Shower; Private Beach Access



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## GRAND BEACH POOL VILLA

Interior area 106 sqm | Exterior area 540 sqm | Pool 25 sqm

MAXIMUM OCCUPANCY: 3 ADULTS

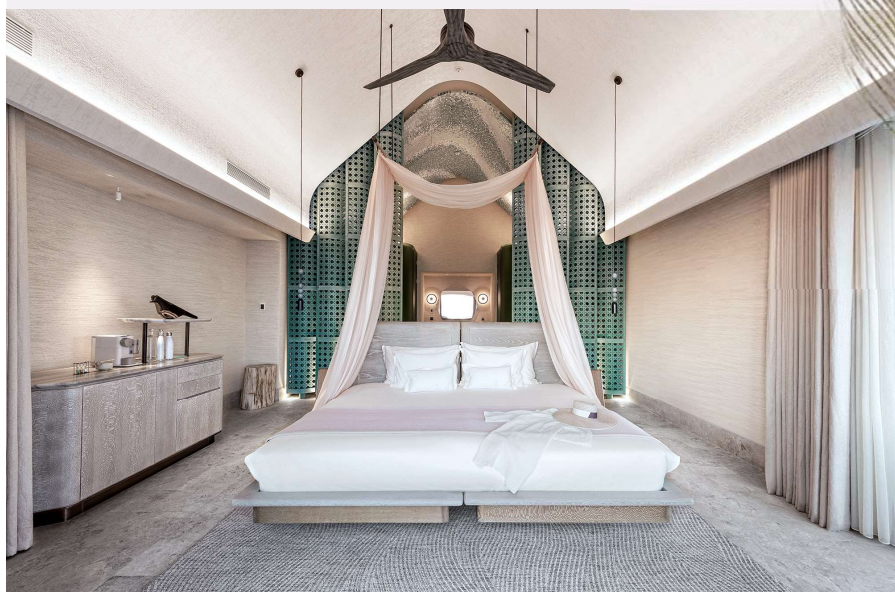
1 Bedroom; 1 Bathroom; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Garden Shower; Private Beach Access

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## TWO-BEDROOM OCEAN POOL VILLA



Interior area 122 sqm | Exterior area 222 sqm | Pool 33 sqm

MAXIMUM OCCUPANCY: 4 ADULTS

2 Bedrooms; 2 Bathrooms; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Rain Shower; Sundeck Terrace; Hammock

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TWO-BEDROOM BEACH POOL VILLA





## TWO-BEDROOM BEACH POOL VILLA



Interior area 155 sqm | Exterior area 475 sqm | Pool 33 sqm

MAXIMUM OCCUPANCY: 5 ADULTS

2 Bedrooms; 2 Bathrooms; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Rain Shower; Sundek Terrace; Hammock

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## GRAND TWO-BEDROOM OCEAN POOL VILLA

Interior area 159 sqm | Exterior area 223 sqm | Pool 33 sqm | 2 Bedrooms; 2 Bathrooms; Seating Lounge; 2 Dressing Rooms;  
MAXIMUM OCCUPANCY: 5 ADULTS | Infinity Pool; Outdoor Garden Shower; Sundeck Terrace; Hammock

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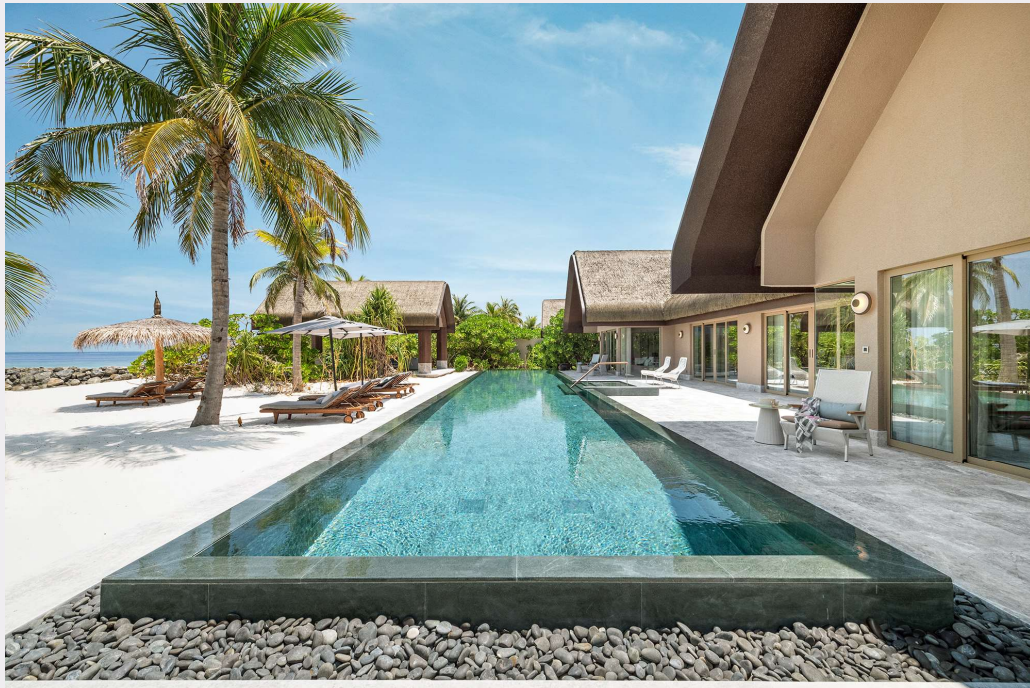
## TWO-BEDROOM WELLBEING BEACH POOL VILLA

Interior area 258 sqm | Exterior area 922 sqm | Pool 85 sqm | 2 Bedrooms; 2 Bathrooms; Seating Lounge; Dressing Room;  
MAXIMUM OCCUPANCY: 6 ADULTS | Infinity Pool; Outdoor Garden Shower; Private Beach Access

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**TWO-BEDROOM  
WELLBEING BEACH  
POOL VILLA**





**TWO-BEDROOM WELLBEING  
BEACH RESIDENCE**







## TWO-BEDROOM WELLBEING BEACH RESIDENCE

Interior area 274 sqm | Exterior area 986 sqm | Pool 60 sqm  
MAXIMUM OCCUPANCY: 6 ADULTS

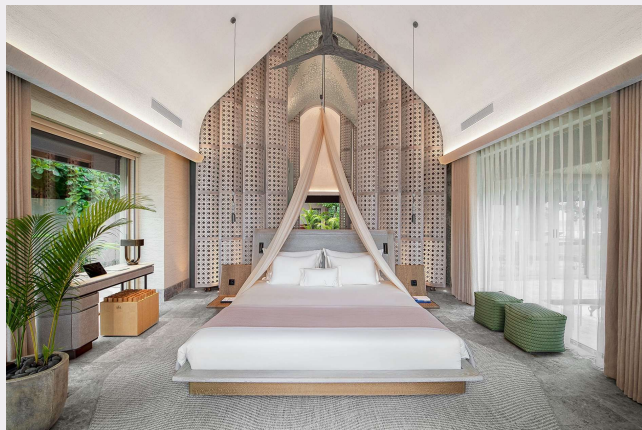
2 Bedrooms; 2 Bathrooms; Seating Lounge; Dressing Room;  
Infinity Pool; Outdoor Garden Shower; Private Beach Access



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THREE-BEDROOM WELLBEING BEACH RESIDENCE





## THREE-BEDROOM WELLBEING BEACH RESIDENCE

Interior area 345 sqm | Exterior area 1355 sqm  
MAXIMUM OCCUPANCY: 7 ADULTS

3 Bedrooms; 3 Bathrooms; Seating Lounge; Dressing Rooms; Dining Room; Bar; Spa & Fitness Cabana; Outdoor Garden Shower; Private Beach Access; Infinity Pool

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FOUR-BEDROOM WELLBEING PRIVATE OCEAN RESIDENCE



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## FOUR-BEDROOM WELLBEING PRIVATE OCEAN RESIDENCE

Interior area 491 sqm | Exterior area 559 sqm  
MAXIMUM OCCUPANCY: 10 ADULTS

4 Bedrooms; 4 Bathrooms; Dressing Room; Dining Room;  
Living Room; Kitchenette; Massage Room; Aqua Shower;  
Aerial Yoga; Private Gym; Infinity Pool; Sundeck Terrace



MORE ABOUT

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## SUSTAINABILITY

Our island is home to one of three turtle conservation sanctuaries in Maldives, developed in cooperation with [Olive Ridley Project](#), as well as a [Reef Restoration Project](#) and a coral nursery. We are also collaborating with [EarthCheck](#) on several long-term sustainability initiatives, and the island's infrastructure includes a desalination water-bottling plant, a rainwater harvesting and greywater recycling system, a glass crusher and recycler, and a plant waste shredder for fertilising.







## MARINE AND LAND SPORTS

Surrounded by vibrant seascapes, we create exceptional itineraries for our guests to explore and enjoy the wonders of nature. Embark on chartered yacht or dhoni excursions and meet local Maldivian communities through bespoke immersive experiences. Our lush island also offers an abundant playground for invigorating workouts and fitness routines. Well-lit tennis courts are ready to host friendly games as well as challenging matches.

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Bodufushi, Maldives  
[Joalibeing.com](http://Joalibeing.com)

