

Frangipani Spa



It is our pleasure to welcome you at The Frangipani...the Spa.

In this beautiful setting, reflecting the opulent era of the Sultans, enhanced with candlelight and spice scented aromas, you can enjoy our special herbal tea after your treatment.

Our team of professional therapists also offers an "Après Safari Treatment " and "Kili Foot Treatment" which are specially designed combination of treatments to soothe and rejuvenate after the dust and bumpy roads of the African Bush and climbing Kilimanjaro. Excellent options for those who are looking to recover after an adventure filled African safari.

We highly recommend the unique Sultan's Bath experience, which is a body scrub and relaxing aroma soul massage for two people in a stunning setting featuring a private plunge pool and lounging area.

Each massage or treatment is carried out in a private room so you are assured of an exclusive and relaxed setting. In the tranquil relaxation room you can unwind and enjoy our special ginger and lemon grass tea after your treatments or massage.

The highest quality natural skin care products from one of the world's leading producers are utilized in all of our treatments, as well as a selection of local spiced essential oils. These treatments, together with a wide array of specialized massage techniques, including the renowned Thai and Balinese massage, will stimulate your sense and allow you to experience a complete relaxation of the body & the mind.

We kindly request you to make all your enquiries & any bookings directly at the Spa Please note that any bookings made must be cancelled by 6:00 pm the day before at the spa in order to avoid cancellation charges of 50%.Also, kindly note that some treatments may not be available at certain times.

Please note that the spa is not open to children under the age of 15 years. Children under the age of 16 are not permitted to use the spa's fitness center or pool. We thank you for your understanding.

Facial Treatment



Each of the facial treatments commence with a ritual of cleansing, followed by a specific mask, massage, facial scrub and finally a cream depending on which of the treatments you choose below.

Hydrating & Nourishing Treatment

Tsh 98,000 (50 minutes)

Deep hydrating and moisturizing action, based on a profound moisture treatment, which restores hydration and vitality to any depleted or sun exposed skin. The natural nutrient rich clay mask with cucumber and rose extracts helps to absorb toxins and the cream enriched with water lily, chamomile and black tea extracts provides exceptional nourishment, hydration and protection.

Uplifting Anti-Stress Treatment

Tsh 98,000 (50 minutes)

Relaxing and moisturizing action, designed as a treatment to reduce tension and stress, this hydrating and oxygenating mask rich in essential oils allows the skin to recover a wonderful tone and color while conferring a deep relaxation. The cream in combination with specialized anti-stress & relaxation massage techniques is an outstanding and nourishing treatment for stressed, tired and tense skin.

Purifying & Regenerating Treatment

Tsh 98,000 (50 minutes)

Deep cleansing & regenerating action, designed to revitalize the skin with a special concentrated facial mask with Shiso extracts that helps to restore radiance and suppleness with a single application. The soothing rice extract cream is ideal to deeply restore the delicate skin of the face and neck.

Body Treatment

Frangipani Body Scrub

Tsh 140,000 (60 minutes)

Tsh 245,000 (100 minutes) (with Aromasoul Relaxing Massage or Balinese Massage)

Gentle exfoliating and nourishing action. This mild formula is suitable for all skin types with natural scrub of corncob, tamarind and apricot kernel. Sweet almond oil, one of the best natural cleansers helps to remove excess oil and dirt from the skin. Rice bran oil containing high level of essential fatty acids and vitamin E's moisturizes and softens the skin. Alfa hydroxy acid (AHA) in lime extract exfoliates dead skin cells.

This is followed by a relaxing application of body milk silken the skin without clogging the pores. This treatment can also be followed by an Aromasoul Relaxing Massage or Balinese Massage.

Oriental Aromatic Salt Body Scrub

Tsh 140,000 (60 minutes)

Tsh 245,000 (100 minutes) (with Aromasoul Relaxing Massage or Balinese Massage)

Deep exfoliating and nourishing action with an aromatic salt scrub. Moisturizing rice bran oil, exfoliating sea salt and lemongrass oil, which stimulates circulation, combine to gently rid the skin of impurities.

This is followed by a relaxing application of oriental essence body milk to silken the skin without clogging the pores. This treatment can also be followed by an Aromasoul Relaxing Massage or Balinese Massage.

Detoxifying Body Mud Mask Treatment

Tsh 220,000 (75 minutes)

The treatment begins with an exfoliating aromatic salt scrub to prepare the skin for the mask. The mask is made of mud from the Dead Sea and the natural extracts absorb the toxins and impurities to rejuvenate the skin. The rice bran oil and olive extracts moisturize and soften the skin. The body is then wrapped with warm blanket to ensure the removal of toxins and impurities. This is followed by a warm shower after which there is a relaxing application of oriental essence body milk to smoothen and nourish the skin.



Hands & Feet Treatment

For Ladies

Oriental Essence Hands Treatment with Manicure

Tsh 115,000 (60 minutes)

This treatment includes a relaxing hand bath with a moisturizing and decongesting effect based on Kaffir lime and lemongrass oil. This is followed by an exfoliating salt scrub and a relaxing and tension reducing massage. This treatment also includes a complete manicure with nail painting.

Oriental Essence Feet Treatment with Pedicure

Tsh 115,000 (60 minutes)

This treatment includes a relaxing foot bath with a moisturizing and decongesting effect based on Kaffir lime and lemongrass oil. This is followed by an exfoliating salt scrub and a relaxing and tension reducing massage. This treatment also includes a complete pedicure with nail painting.

Orients Essence Hands and Feet Treatment with Manicure & Pedicure (Combination)

Tsh 180,000 (100 minutes)

Nail Painting

Tsh 30,000 (15 minutes)

Painting of nail on hands or feet only

For Gentlemen

Oriental Essence Hands Treatment with Manicure

Tsh 85,000 (45 minutes)

This treatment includes a relaxing hand bath with a moisturizing and decongesting effect based on Kaffir lime and lemongrass oil. This is followed by an exfoliating salt scrub and a relaxing and tension reducing massage with massage butter. This treatment also includes a complete manicure.

Oriental Essence Feet Treatment with Pedicure

Tsh 85,000 (45 minutes)

This treatment includes a relaxing foot bath with a moisturizing and decongesting effect based on Kaffir lime and lemongrass oil. This is followed by an exfoliating salt scrub and a relaxing and tension reducing massage with massage butter. This treatment also includes a complete pedicure.

Orients Essence Hands and Feet Treatment with Manicure & Pedicure (Combination)

Tsh 160,000 (90 minutes)

Oriental Foot Massage

Tsh 120,000 (60 minutes)

This treatment starts with a relaxing foot bath with moisturizing and decongesting effect based on kaffir lime and lemongrass oil. Using our body butter, rich in cocoa butter, licorice and shiso extracts, the feet are massaged with special relaxation techniques, which focus on the reflexive zones of the feet in order to relieve stress and tension.



Body Massages

Frangipani Signature Massage

Tsh 155,000 (75 minutes)

A soothing special "body butter" enriched with shiso and licorice extract is applied to rich hydrate your skin. Tension is expertly soothed and melted away with a full body massage using a unique combination of Balinese, LomiLomi and aromasoul techniques.

Balinese Massage

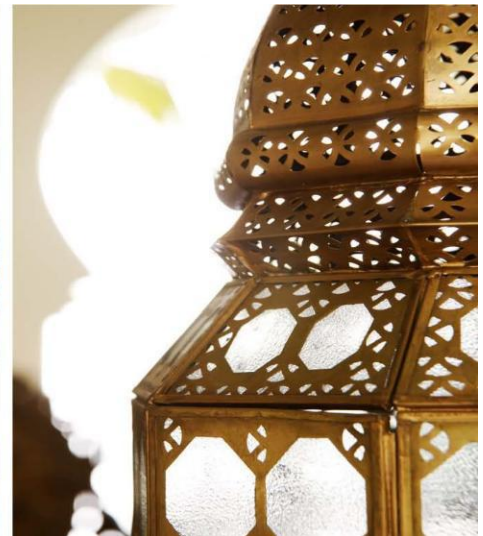
Tsh 125,000 / Tsh 170,000 (60 minutes or 90 minutes)

A traditional massage, passed down through many generations. The technique of deep pressure to release areas of tense, skin rolling, long kneading strokes and foot massage are believed to renew, strengthen and heal the body. The massage is performed using essential oil, which combines with the massage technique applied to promote harmony of the mind, body and soul.

Hot Stone Massage

Tsh 140,000 (60 minutes)

This wonderful therapy is becoming widely known for its deeply relaxing benefits. It employs a technique that uses smooth, heated basalt stones which are placed on specific acupressure point on the body to melt away knots, tension and stress. The hot stones are used in combination with special holistic touch drainage massage oil for the perfect experience to relieve tension and promote harmony.



Back-Neck & Shoulder Massage

Tsh 68,000 / 115,000 (30 minutes or 60 minutes)

This customized relaxing massage incorporates deep thumb and palm pressure and long sweeping movements to flush away stress, neck and shoulder aches and tenderness.

Aromasoul Relaxing Massage

Tsh 120,000 (60 minutes)

A full body relaxing massage with a nourishing rich massage oil enhanced with aromatic oils.

Sole to Soul Massage

Tsh 115,000 (60 minutes)

Holistic and energy healing, pressure point massage on feet, head, neck and shoulder. The exquisite combination of these techniques brings body and mind into perfect harmony.

Traditional Thai Massage

Tsh 125,000/170,000 (60 minutes or 90 minutes)

Developed over 2500 years ago, the traditional Thai massage is based on the ten most important energy channels, which flow through the body. Lying adjacent to these channels are acupressure points, the so-called "windows to the body." By massaging these points, one can relax muscles, improve blood circulation, reduce stress and sharpen the senses. This unique and relaxing therapy is designed to create a balance between the energy of the body, mind and spirit. Please note that this massage entails the person wearing soft cotton trousers and shirt, which will be provided, at the spa.

Traditional Thai Massage with Oil

Tsh 125,000/170,000 (60 minutes or 90 minutes)

A modern variation of the above massage but in combination with selected aromatic oil.

Deep Tissue Massage

Tsh 125,000/170,000 (60 minutes or 90 minutes)

This massage uses a blend of sport techniques with deep thumb, arm and palm pressure to iron out knots and release adhesions from deep within the muscles. This helps loosen muscle tissue, release toxins from muscle and get blood and oxygen circulating properly. Recommended for quick recovery after a long journey, a sportive day or after diving or water sports activities.

Swedish Massage

Tsh 125,000 (60 minutes)

Swedish massage refers to a collection of techniques including long strokes, friction, tapping and shaking motions designed primarily to relax muscles by applying pressure. The main purpose of the Swedish massage is to increase the oxygen flow in the blood and release toxins from the muscles. It reduces stress, both emotional and physical & affects the nerves, muscles, glands and circulation.



Salon Hair Treatment



Traditional Nourishing Oil Treatment

Tsh 115,000 (60 minutes)

The secret to lustrous and healthy hair is the use of fresh coconut oil, which deeply nourishes the hair, increases blood circulation and stimulates the scalp and hair follicles. A neck, shoulder and hand massage soothes and relaxes. It is recommended that the oil is left on the hair and scalp for 3 - 4 hours prior to washing for deep conditioning.

Regenerating Cream Hair Treatment

Tsh 115,000 (60 minutes)

This treatment begins with a stimulating shampoo to detoxify the hair and scalp leaving it thoroughly revitalized and ready for the oriental essence conditioner. Afterwards a hair mask with ceramide protein and natural plant extract which repairs and strengthens the hair from root to tip is applied with a scalp massage. The Shiso extra is a natural anti oxidant and moisturizes the hair while the wheat protein and jojoba oil smoothens the hair giving it a beautiful sheen. A hot towel is wrapped around the hair to allow the mask to nourish the hair, during which the neck, shoulder and hand are massaged with oriental essence body butter.

Ladies

Wash and Blow Dry

Tsh 75,000 (45-60 minutes)

Tinting, Shaping & Waxing

Waxings

Half Leg Wax (45 minutes)	Tsh 60,000
Full Leg Wax (60 minutes)	Tsh 85,000
Under arms Wax (15 minutes)	Tsh 40,000
Bikini Wax (30 minutes)	Tsh 60,000
Arms Wax (45 minutes)	Tsh 60,000
Upper Lip Wax (15 minutes)	Tsh 35,000
Chest or Back Wax for Gentlemen (45 minutes)	Tsh 60,000

Tinting & Shaping

Eyebrow Tinting (30 minutes)	Tsh 40,000
Eyelash Tinting (30 minutes)	Tsh 40,000
Combination Eyebrow & Eyelash Tinting (45 minutes)	Tsh 70,000
Eyebrow Shaping/Plucking (30 minutes)	Tsh 40,000



Combination Treatments



If you are looking for a truly relaxing experience why not try one below combinations? These combination treatments must be done in one session.

Radiant Skin and Relaxation

Tsh 210,000 (100 minutes)

A gentle Frangipani Body Scrub to exfoliate and clean the skin, incorporating an extremely relaxing facial treatment of your choice encourages your skin renewal for the whole body.

Frangipani Body Rebalancing Experience

Tsh 280,000 (120 minutes)

A revitalizing treatment to stimulate the senses and rebalance your body and mind, incorporating a gentle exfoliating to clean the skin, followed by a relaxing full body signature massage and a Hydrating & Nourishing facial.

Aromasoul Relaxing Massage & Any Facial Treatment

Tsh 190,000 (100 minutes)

Rebalance your body and mind, incorporating a full body of Aromasoul relaxing massage and a facial of your choice to eliminate tension for the whole body.



The Ultimate Spa Package

We have carefully chosen and put together a selection of treatments for you to experience during your stay at Baraza. Covering a board spectrum of benefits for your body and skin they will ensure that you are completely relaxed and rejuvenated by the end of your stay. For those of you who have just completed an adventurous safari or climbing Kilimanjaro, why not you try our Après Safari or Killi foot program, designed to relax & restore.

Choose one of the following set of packages (200 minutes total)

Stress Relieving "Après Safari"

Tsh 435,000 (200 minutes)

Frangipani Body Scrub

Balinese Massage

Uplifting Facial Treatment

Oriental Foot Massage

Killi Foot Treatment & Relaxation

Tsh 435,000 (200 minutes)

Oriental Aromatic Salt Body Scrub

Deep Tissue Massage

Hydrating & Nourishing Facial Treatment

Oriental Foot Massage

The Thai Massage Therapeutic Program

Tsh 325,000 (three sessions of 60 minutes)

For a complete healing treatment program of Thai Massage, three sessions with our expert therapists who can create your personal massage program based on your particular needs.

Spa Discount Package Offer

Have three or more of any 60 minutes massage or body treatments and receive a special discount of 15% off on the total price.

Please note that all spa packages must be signed (charged) for upon booking the treatments mentioned in each package can be taken/split up as you wish during your stay but will include all the different treatments mentioned in this combination only. Please note the packages are priced with discount, however, if you decide not to do all the treatments, then the actual treatments done will be charged individually as per the price specified.



The Sultan's Bath



Emulating the luxurious old Sultans bath-houses of Zanzibar, we are proud to present the Sultan's Bath at The Frangipani Spa. A truly unique experience not to be missed, it offers a spectacular ambience with the most beautiful décor.

Tshs. 495,000 (120 minutes for two people)

The Sultan's Bath is the ultimate in pampering and relaxation, with a peaceful bath in the mosaic-tiled pool, followed by a full body scrub and soothing aromatherapy massage for two people at the same time. Afterwards a spiced herbal tea served on the private daybed.

The atmosphere is enhanced with relaxing music, candlelight and spice scented aromas, creating a blissful and tranquil setting stimulating a complete relaxation of the body & mind.

An absolute must for those who want to be pampered and experience the very best of Zanzibar heritage

