



## **KAYAKING AND PADDLE BOARDS**

We have a selection of kayaks (Single and Double), and stand up paddle boards at the Boathouse for your use. Our beach attendant will assist you to select a kayak, and provide you with life jackets, paddles and a water bottle. If you'd like to take your snorkeling equipment, please do so.

### **RED TRAIL**

Circumnavigation of Bawah will take about 2 hours depending upon how long you take to stop and explore.

### **GREEN TRAIL**

This takes you to the East Side of the lagoon, Stop off at Pulau Merbau then paddle towards Pulau Sanggah. Stop at the beach on the South West corner and pull your kayak up on the beach then walk over to the long beach on Sanggah's East side. Take a walk along this 400m long beach. Duration 1-2 hours

# **BLUE TRAIL**

This takes you to the west side of the lagoon around Pulau Elang to the barrier islands and mangrove trees. Duration 1 hour



### **SNORKELING**

Snorkeling just off the jetty is one of the must do activity in Bawah Island. There is a whole world of fish and corals down there. It is best done in the middle of the day when the sun is close to its Zenith as the colours of the reef and the reef fish are at their brightest, but it's a good time anytime from 10am to 4.30pm.

From mid to low tide it is easy to swim out to the reef straight off the beach but we recommend that you enter and exit the sea using swim ladders on each of the 2 pontoons at end of the jetty.

Pick up your mask, fins, snorkel and bag when you arrive and keep them with you in the bay of your villa. That way you could head out anytime that suits you.

The reef is shown in the picture above with the areas highlighted in yellow.

We also run snorkeling trips to the outer reef by boat, look out for the timings on the Activities Board. The trip will depart from the boat end of the jetty. In our Library and the Grouper Bar we have books identifying the reef fish and corals you will find on your expedition.

Last but not least don't forget the Sun Tan lotion.