



FACT SHEET

RELAXATION

5 star graded Country House.
Solar Heated, Salt Water swimming pool.
Second swimming pool
Thirty pool loungers, around the pool area.
Guest Lounge
Lapa seating area
Dining room with outdoor patio for breakfasts
Fine dining 2 & 3 set course menu's offered.
Light lunches
Internet WiFi access
Guest Computer
Smoking outside
Credit Cards welcome

ACCOMMODATION

The Gables 4 deluxe suites to be let separately or as a villa
Glen Avon Lodge (Boutique Hotel)
20 Elegant contemporary Cape Style bedrooms and suites.
(Rooms 1-6 Double / twin bedrooms)
(Rooms 7 to 11 Suites)
(Rooms 12 to 17 Deluxe suites) No number 13.
Private Patio/Balcony off bedrooms.
Granite and glass appointed en-suite bathrooms
Complementary eco friendly toiletries
Cotton Bathrobes
Cotton Percale linen
Air conditioning units
WiFi access in all Bedrooms
Electronic Safes
Television with satellite channels
Fully stocked honesty bar
Complementary tea, coffee and biscuits.



Butlers cupboards in all suites,(toaster, kettle, microwave, prep bowl, cutlery and crockery.)

OUR GREEN AND ECO- FRIENDLY INITIATIVE

The water issue and our green footprint.....

Every Capetonian has been fully pre-occupied with day zero, over the past few months, when the taps are due to run dry in the city of Cape Town. Glen Avon has catered for this event way in advance and we have been using underground water to flush our toilets, fill our swimming pools and water our gardens, for the past 20 years. In order to assist the drought crisis, we have closed one of our two swimming pools and we use this water to keep our other pool topped up and we have cut our daily water usage by sixty percent on our daily washing of linen and towels, thanks to the understanding of our wonderful guests. The plugs have been removed from the baths to encourage showering and we have had a fully functional filtration plant installed, so as all our water is filtered to the highest drinking standard. Hopefully we should not be affected, should day zero arise. Glen Avon has the most up to date Miele washing, drying and ironing machines, all managed 'in house' and we are adding to our photo voltaic, solar, backup batteries and heat pumps yearly, to assist with our electrical usage. This is a long term project and is added to each year until we reach our projected usage target. Together with all our other projects, our green footprint increases yearly. All our bathroom products are made locally and are eco friendly, as well as some of our cleaning materials. Glen Avon does not see any reason for our water supply to run dry and our guests will continue to have the luxury of their water 'on tap' and filtered, as it has been in the past.

We re-cycle as much as possible, and all our Vegetable matter is used for our own composting, and our organic worm farms produce "worm tea" fertilizer for the gardens.

SOCIAL RESPONSIBILITY

'We are involved in the SOIL FOR LIFE' NGO Project and also support the "ORIGINAL T-BAG DESIGN", which manages to keep around 14 people from the Hout Bay Township area, fully employed. All our staff are involved in saving all the used teabags



in the hotel and bedrooms, which they dry and send to the little factory, where they are emptied for composting and the bags are painted and used in making all sorts of articles for sale. They have a shop in Hout Bay and the Waterfront and are more than happy to welcome guests to see their work in progress.

The 'Soil for Life' project reaches out into the poorer community to teach them how to grow vegetables, firstly building up the soil and on tiny patches, growing enough food to feed their families and selling off the balance. We donate monetarily to this worthy cause yearly.

All our towels and linen are donated to other worthy causes yearly.

PLEASURE

The Constantia Valley Winelands

(For Walking, Restaurants, Wine tasting, Cycling, Wine Tours, Historic Architecture, Museum and Quad Biking)

Four exclusive Golf courses

Kirstenbosch Botanical Gardens

Boutique shopping centre and Restaurants

Virgin Active health club, gym and spa

WITHIN A 20 MINUTE RADIOUS by car

Cape Town International Airport

V&A Waterfront and Cape Town City Centre

(City Sightseeing Open Top Bus Tours)

Table Mountain (Cable Car)

Bo Kaap Tours

Hout Bay Fishing Village and Beach

The Beaches (False Bay and Atlantic)

Cape Peninsula Scenic Drive

Boat trips and Shark Cage Diving.

DIRECTIONS (from Airport)

Glen Avon Lodge

BOUTIQUE HOTEL



Take the N2 Highway towards Cape Town (About 11km)
Follow the Kirstenbosch Gardens signs and take the M3 south offramp towards Kiestenbosch.
After about 10 km, take the Kendal Road (Exit 15) and turn right onto Kendal Road.
At the intersection turn left onto Spaanschemat River Road(M42 to Tokai)
Continue through traffic Lights and take the second turning to the left onto STRAWBERRY LANE. Turn into the first turning to the left (Glen Avon Close) and follow the road around until you arrive at the gate.

No 1 Strawberry Lane
Constantia 7806
Cape Town
South Africa

Email: stay@glenavon.co.za
<http://www.glenavon.co.za>
Fax: + 27 (021) 794 1419
Tel: +27 (021) 794 1418